

SENIOR MEN - CRAMLINGTON

Place	Time	Name	Team	Cat	No	Handicap	Handicap	
							Medium	00:02:30
1	0:33:25	AISTON, Phillip	(1) Wallsend Harriers	Slow	1398	00:33:25	Fast	00:05:00
2	0:33:50	NEESON, Jack	(3) Tynebridge Harriers	Slow	1311	00:33:50		
3	0:34:17	AYTON, Liam	(2) Durham City Harriers	Slow	1353	00:34:17		
4	0:34:55	MORLEY, John	(3) Tynebridge Harriers	Slow	952	00:34:55		
5	0:35:01	HEGARTY, Mike	(1) Morpeth Harriers & AC	Slow	24	00:35:01	TEAMS	
6	0:35:21	DUNN, Christopher	Sunderland Strollers (N/C)	Slow	1405	00:35:21	Tynebridge	187
7	0:35:32	MERRISON, Paul	(1) Sunderland Harriers	Slow (Vet)	1135	00:35:32	Gateshead	191
8	0:35:43	EDGE, Phil	Desford Striders (Leics)	Slow	1420	00:35:43	Morpeth	217
9	0:35:53	GREENWOOD, Simeon	(1) Gateshead Harriers	Slow	707	00:35:53	Heaton	234
10	0:36:02	BATY, John	(1) North Shields Poly	Slow (Vet)	1032	00:36:02	North Shields Poly	275
11	0:36:09	MCARDLE, Niall	(1) Sunderland Strollers	Slow	798	00:36:09	South Shields	306
12	0:36:13	MCENANEY, Josh	(2) Birtley AC	Slow	181	00:36:13	Wallsend	318
13	0:36:21	CAMPBELL, Geoff	(1) Alnwick Harriers	Slow (Vet)	56	00:36:21	Sunderland H	385
14	0:36:28	ROBINSON, Ian	(1) Heaton Harriers	Medium	164	00:33:58	Saltwell	412
15	0:36:30	THOMPSON, Jim	(2) Saltwell Harriers	Slow (Vet)	1294	00:36:30	Low Fell	414
16	0:36:31	ARCHER, Jon	(2) Low Fell RC	Medium	481	00:34:01	Tynedale	455
17	0:36:33	LIKEMAN, Mark	(1) Heaton Harriers	Medium	152	00:34:03	Durham City	489
18	0:36:34	HADDON, Alan	(1) North Shields Poly	Slow	1044	00:36:34	Sunderland S	533
19	0:36:39	HEMY (V), Vaughan	(1) North Shields Poly	Slow (Vet)	1048	00:36:39	Elswick	542
20	0:36:41	MACLEOD, Jamie	(1) Heaton Harriers	Slow	157	00:36:41	Birtley	555
21	0:36:47	PRATT, Adam	(2) Tynedale Harriers	Slow	276	00:36:47	Alnwick	597
22	0:36:52	KELLY, Sean	(3) Tynebridge Harriers	Slow (Vet)	927	00:36:52	Crook	686
23	0:36:55	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	00:31:55	Elvet	881
24	0:36:58	BUTTERS, John	(1) Morpeth Harriers & AC	Slow	623	00:36:58	Houghton	891
25	0:37:00	ROBINS, Dan	(1) Heaton Harriers	Slow	163	00:37:00	Blyth	979
26	0:37:13	URWIN, Greg	(1) Gateshead Harriers	Slow	1247	00:37:13	Blaydon	1043
27	0:37:14	BOYD, Jonny	(1) Gateshead Harriers	Slow	686	00:37:14	Jesmond	1203
28	0:37:17	PENN, Greg	(1) North Shields Poly	Slow (Vet)	1070	00:37:17	Blackhill	1321
29	0:37:19	DAWSON, Michael	(1) Morpeth Harriers & AC	Fast	13	00:32:19	Aurora	1669
30	0:37:21	SIMON, Ian	(1) Alnwick Harriers	Slow	72	00:37:21		
31	0:37:22	JONSON, Simon	(1) South Shields Harriers & AC	Slow	99	00:37:22		
32	0:37:24	OLD, David	(1) Gateshead Harriers	Slow	732	00:37:24		
33	0:37:26	HETHERINGTON, Brian	(1) Wallsend Harriers	Slow (Vet)	846	00:37:26		
34	0:37:27	SKILLING, James	(2) Low Fell RC	Slow (Vet)	553	00:37:27		
35	0:37:29	SMALL, Michael	(2) Birtley AC	Slow	187	00:37:29		
36	0:37:30	MIDDLEMIST, Jordan	(1) Wallsend Harriers	Slow	859	00:37:30		
37	0:37:31	MAYNARD, Ken	(1) Sunderland Strollers	Slow (Vet)	797	00:37:31		
38	0:37:32	HARRISON, Andy	(3) Tynebridge Harriers	Slow (Vet)	954	00:37:32		
39	0:37:35	MUIR, Chris	(1) South Shields Harriers & AC	Medium	107	00:35:05		
40	0:37:39	DEACON, Craig	(3) Jarrow & Hebburn AC	Slow	890	00:37:39		
41	0:37:43	JENNINGS, Christopher	(2) Saltwell Harriers	Slow	1417	00:37:43		
42	0:37:44	GARLAND, James	(2) Elvet Striders	Slow	294	00:37:44		
43	0:37:46	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	00:37:46		
44	0:37:46	MACPHERSON, Ken	(3) Tynebridge Harriers	Medium (Vet)	938	00:35:16		
45	0:37:48	WAUGH, Chris	(1) Morpeth Harriers & AC	Slow (Vet)	618	00:37:48		
46	0:37:49	KENNEDY, Chris	(2) Saltwell Harriers	Slow	1274	00:37:49		
47	0:37:52	SILLITO, Roger	(2) Low Fell RC	Slow	1412	00:37:52		
48	0:37:54	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	00:35:24		
49	0:37:59	WOODS, John	(1) Morpeth Harriers & AC	Slow	49	00:37:59		
50	0:38:00	BURNS, Graham	(3) Blackhill Bounders	Slow (Vet)	446	00:38:00		
51	0:38:08	GREY, Thomas	(3) Houghton AC	Slow	1093	00:38:08		
52	0:38:08	MARSDEN, Ian	(2) Tynedale Harriers	Slow	269	00:38:08		
53	0:38:08	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	00:35:38		
54	0:38:08	CAMILLERI, Nigel	(1) Gateshead Harriers	Slow	692	00:38:08		
55	0:38:08	MCGRATH, Ian	(2) Crook AC	Medium (Vet)	596	00:35:38		
56	0:38:08	MCDONALD, Chris	(1) South Shields Harriers & AC	Slow (Vet)	104	00:38:08		
57	0:38:08	VOLPE, Steve	(1) Wallsend Harriers	Slow (Vet)	884	00:38:08		
58	0:38:08	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	00:38:08		
59	0:38:08	WILKINSON, Jonathan	(2) Durham City Harriers	Slow	1352	00:38:08		
60	0:38:08	HUGHES, Kyle	(2) Saltwell Harriers	Slow	1270	00:38:08		
61	0:38:08	JACKSON, Bendon	Allen Valley Striders	Slow	1397	00:38:08		
62	0:38:08	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	00:35:38		
63	0:38:09	MACKEY, Keith	(1) South Shields Harriers & AC	Slow (Vet)	101	00:38:09		
64	0:38:11	ADAMS, Luke	(1) South Shields Harriers & AC	Fast	81	00:33:11		
65	0:38:15	BRADLEY, Stephen	(1) Morpeth Harriers & AC	Slow	1394	00:38:15		
66	0:38:17	CAMPBELL, Richard	(3) Aycliffe RC	Slow	1356	00:38:17		
67	0:38:18	HARDEN, George	(1) Sunderland Harriers	Slow (Vet)	1124	00:38:18		
68	0:38:19	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	00:38:19		
69	0:38:20	REDMAN (V), Paul	(1) Sunderland Harriers	Medium (Vet)	1139	00:35:50		
70	0:38:22	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97	00:38:22		
71	0:38:26	DUFFY, Patrick	(2) Crook AC	Medium	582	00:35:56		
72	0:38:27	SLATER, Martin	(1) Gateshead Harriers	Medium	751	00:35:57		
73	0:38:29	LLOYD, Jerry	(2) Elvet Striders	Slow (Vet)	331	00:38:29		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
74	0:38:31	SALTER, Matt	(1) Heaton Harriers	Slow	166	00:38:31		
75	0:38:32	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	00:36:02		
76	0:38:36	HITCHCOCK, Noel	(1) Sunderland Harriers	Medium	1126	00:36:06		
77	0:38:42	SMITH, Keith	(3) Tynebridge Harriers	Medium (Vet)	1347	00:36:12		
78	0:38:44	MCDONALD, Stephen	(3) Blackhill Bounders	Slow	1403	00:38:44		
79	0:38:45	CLARK, Jason	(1) Elswick Harriers	Slow	641	00:38:45		
80	0:38:48	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	00:36:18		
81	0:38:51	KELLY, David	(2) Birtley AC	Slow (Vet)	178	00:38:51		
82	0:39:02	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	00:39:02		
83	0:39:02	BINGHAM, Hugh	(2) Tynedale Harriers	Slow (Vet)	239	00:39:02		
84	0:39:02	GIBSON, John	(1) Heaton Harriers	Slow	142	00:39:02		
85	0:39:02	JAMES, Paul	(1) Wallsend Harriers	Slow	848	00:39:02		
86	0:39:05	HILL, Steve	(2) Tynedale Harriers	Slow (Vet)	263	00:39:05		
87	0:39:05	COULSON, Phil	(2) Low Fell RC	Fast	1300	00:34:05		
88	0:39:05	DENT, Alan	(2) Blaydon Harriers	Slow (Vet)	1157	00:39:05		
89	0:39:06	BELL, Andrew	(1) Heaton Harriers	Slow	134	00:39:06		
90	0:39:07	TAYLOR, Ed	(1) Heaton Harriers	Slow	1388	00:39:07		
91	0:39:09	ARCHER, Jake	(1) Sunderland Harriers	Medium	1106	00:36:39		
92	0:39:10	HARRIS, Shaun	(1) Heaton Harriers	Slow	144	00:39:10		
93	0:39:10	KING, Dave	(2) Durham City Harriers	Slow (Vet)	1221	00:39:10		
94	0:39:13	FARNIE, Peter	(2) Birtley AC	Medium	174	00:36:43		
95	0:39:13	WHITEHEAD, Chris	(1) North Shields Poly	Slow (Vet)	1067	00:39:13		
96	0:39:13	CHAMPMAN, James	(1) South Shields Harriers & AC	Slow	1401	00:39:13		
97	0:39:15	LOWE, David	(1) Alnwick Harriers	Slow (Vet)	68	00:39:15		
98	0:39:16	BARKLEY, Rob	(3) Blyth RC	Medium	419	00:36:46		
99	0:39:18	BROADHURST, Mike	(2) Tynedale Harriers	Slow (Vet)	241	00:39:18		
100	0:39:20	MCMAHON, Steve	(1) Sunderland Strollers	Slow	800	00:39:20		
101	0:39:22	THOMAS, Kevin	(2) Gosforth Harriers & AC	Slow (Vet)	376	00:39:22		
102	0:39:22	JENKIN, Dan	(2) Durham City Harriers	Fast	1219	00:34:22		
103	0:39:24	FROOM, Nick	(1) Heaton Harriers	Slow	141	00:39:24		
104	0:39:24	FRANCE, David	(2) Low Fell RC	Slow	1248	00:39:24		
105	0:39:26	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054	00:34:26		
106	0:39:26	CROSSLEY, Will	(1) Wallsend Harriers	Slow	837	00:39:26		
107	0:39:27	APPLEBY, David	(3) Tynebridge Harriers	Medium (Vet)	944	00:36:57		
108	0:39:28	HARDY, Iain	(1) Elswick Harriers	Medium (Vet)	648	00:36:58		
109	0:39:31	TAIT, Ted	(2) Durham City Harriers	Slow (Vet)	1238	00:39:31		
110	0:39:32	EMMETT, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	93	00:39:32		
111	0:39:33	DALEY (V), Sam	(1) Heaton Harriers	Slow (Vet)	139	00:39:33		
112	0:39:34	SIMPSON, Mike	(2) Crook AC	Medium (Vet)	602	00:37:04		
113	0:39:35	STEWART, Graeme	(3) Blyth RC	Slow	438	00:39:35		
114	0:39:36	STEPHENSON, Lea	(2) Tynedale Harriers	Slow	278	00:39:36		
115	0:39:39	FOSTER, Alan	(3) Houghton AC	Slow	1092	00:39:39		
116	0:39:39	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	00:34:39		
117	0:39:39	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45	00:34:39		
118	0:39:39	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399	00:34:39		
119	0:39:40	DAVISON, Jack	(1) Sunderland Strollers	Slow	1410	00:39:40		
120	0:39:40	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium	84	00:37:10		
121	0:39:40	MINGSTONES, Mick	(1) Heaton Harriers	Slow (Vet)	161	00:39:40		
122	0:39:40	AYRES, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	85	00:39:40		
123	0:39:42	NASH, John	(2) Durham City Harriers	Slow (Vet)	1230	00:39:42		
124	0:39:43	HODGSON, Craig	Heaton Harriers	Slow	1395	00:39:43		
125	0:39:44	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826	00:39:44		
126	0:39:46	DRUMMOND, Colin	(2) Low Fell RC	Slow (Vet)	496	00:39:46		
127	0:39:47	ROBINSON, Geoff	(2) Durham City Harriers	Slow	1349	00:39:47		
128	0:39:50	DUTTON, Michael	(1) North Shields Poly	Slow	1075	00:39:50		
129	0:39:54	BALMAIN, Daniel	(1) Elswick Harriers	Slow	626	00:39:54		
130	0:39:54	O'NEILL, Kevin	(1) Sunderland Strollers	Slow (Vet)	801	00:39:54		
131	0:39:54	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143	00:39:54		
132	0:39:54	CHAFFER, Peter	(2) Blaydon Harriers	Slow (Vet)	1154	00:39:54		
133	0:39:54	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095	00:39:54		
134	0:39:56	GINIYATON, Roman	(2) Jesmond Joggers	Slow	403	00:39:56		
135	0:39:56	WARREN, David	(2) Low Fell RC	Medium	562	00:37:26		
136	0:40:00	ALLSOP, Tim	(1) Sunderland Strollers	Medium (Vet)	767	00:37:30		
137	0:40:00	BECKETT, Samuel	(2) Crook AC	Medium	572	00:37:30		
138	0:40:01	RICHARDSON, Danny	(1) Alnwick Harriers	Slow	71	00:40:01		
139	0:40:01	DICKER, Gary	(1) Heaton Harriers	Slow (Vet)	1378	00:40:01		
140	0:40:02	HINDMARSH, David	(1) Alnwick Harriers	Slow (Vet)	62	00:40:02		
141	0:40:04	WRIGHT, Davey	(1) Heaton Harriers	Slow (Vet)	1390	00:40:04		
142	0:40:06	ROBSON, Gary	(1) North Shields Poly	Slow (Vet)	1059	00:40:06		
143	0:40:06	ROBINSON, Adam	(3) Blyth RC	Slow (Vet)	434	00:40:06		
144	0:40:08	JAMESON, Philip	(2) Tynedale Harriers	Medium	266	00:37:38		
145	0:40:10	KHAN, Adnan	(1) Sunderland Strollers	Slow	791	00:40:10		
146	0:40:12	WINTER, Mike	(1) Morpeth Harriers & AC	Slow (Vet)	48	00:40:12		
147	0:40:15	KEENAN, Michael	(2) Birtley AC	Slow	177	00:40:15		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
148	0:40:18	WILSON-CRAW, Alasdair	(2) Claremont RR	Slow (Vet)	233	00:40:18		
149	0:40:22	CLAYDON, Matt	(2) Elvet Striders	Slow	333	00:40:22		
150	0:40:24	HOOPER, Mike	(2) Crook AC	Slow (Vet)	590	00:40:24		
151	0:40:25	HILTON, Stephen	(2) Blaydon Harriers	Slow (Vet)	1164	00:40:25		
152	0:40:26	COXON, Syd	(2) Tynedale Harriers	Medium (Vet)	252	00:37:56		
153	0:40:27	MEDD, Steven	(1) Gateshead Harriers	Medium	726	00:37:57		
154	0:40:31	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062	00:40:31		
155	0:40:33	MOODY, Oliver	(2) Jesmond Joggers	Slow	1345	00:40:33		
156	0:40:33	HOWE, Paul	(1) Heaton Harriers	Slow	147	00:40:33		
157	0:40:34	LONGMAN, Lucas	(1) Heaton Harriers	Fast	153	00:35:34		
158	0:40:36	SARTAIN, Ben	(2) Low Fell RC	Slow	549	00:40:36		
159	0:40:40	HARTLEY, Andrew	(1) Elswick Harriers	Slow (Vet)	649	00:40:40		
160	0:40:43	REYNOLDS, Mark	(3) Tynebridge Harriers	Slow (Vet)	953	00:40:43		
161	0:40:45	ALLISON, Jason	(2) Crook AC	Fast (Vet)	568	00:35:45		
162	0:40:47	DINSMORE, Paddy	(1) Wallsend Harriers	Slow (Vet)	839	00:40:47		
163	0:40:47	SMITH, Dale	(3) Blyth RC	Slow	437	00:40:47		
164	0:40:53	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388	00:38:23		
165	0:40:55	COE, David	(2) Jesmond Joggers	Slow	399	00:40:55		
166	0:40:56	CARPENTER, Mark	(1) Elswick Harriers	Slow (Vet)	635	00:40:56		
167	0:40:59	HUTCHINSON, Paul	(2) Tynedale Harriers	Medium	264	00:38:29		
168	0:41:00	DICKINSON, David	(3) Houghton AC	Slow	1089	00:41:00		
169	0:41:06	GRAHAM, Chris	(3) Tynebridge Harriers	Slow	1313	00:41:06		
170	0:41:08	REAY, David	(3) Derwentside AC	Slow (Vet)	476	00:41:08		
171	0:41:11	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900	00:38:41		
172	0:41:12	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21	00:41:12		
173	0:41:13	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292	00:41:13		
174	0:41:16	DUNLOP, Paul	(1) Sunderland Strollers	Slow (Vet)	781	00:41:16		
175	0:41:17	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682	00:41:17		
176	0:41:19	SUMMERBELL, Peter	(2) Low Fell RC	Slow	558	00:41:19		
177	0:41:20	KNIGHT, Kevin	(2) Durham City Harriers	Medium (Vet)	1222	00:38:50		
178	0:41:21	TINSLEY, Tom	(2) Claremont RR	Slow (Vet)	231	00:41:21		
179	0:41:22	SYERS, Graham	(1) Alnwick Harriers	Medium	77	00:38:52		
180	0:41:25	LEWIS, Scott	(1) South Shields Harriers & AC	Slow	100	00:41:25		
181	0:41:27	MACHIN, Alex	(2) Low Fell RC	Slow (Vet)	533	00:41:27		
182	0:41:28	ASTON, Luke	(2) Blaydon Harriers	Medium	1151	00:38:58		
183	0:41:29	DAGLISH, Kevin	(3) Houghton AC	Slow (Vet)	1088	00:41:29		
184	0:41:30	LEYS, Andrew	(1) Heaton Harriers	Slow (Vet)	151	00:41:30		
185	0:41:31	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491	00:41:31		
186	0:41:33	OAKES, Karl	(2) Birtley AC	Medium (Vet)	185	00:39:03		
187	0:41:34	GRIFFITHS, Tim	(2) Tynedale Harriers	Slow (Vet)	260	00:41:34		
188	0:41:37	MCGOWAN, Phillip	(1) Gateshead Harriers	Slow	725	00:41:37		
189	0:41:38	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vet)	246	00:41:38		
190	0:41:40	FIELD, Tim	(1) Sunderland Harriers	Slow (Vet)	1121	00:41:40		
191	0:41:41	CARTER, Stuart	(1) Alnwick Harriers	Slow	57	00:41:41		
192	0:41:44	MULLARKEY, Peter	(2) Saltwell Harriers	Slow (Vet)	1278	00:41:44		
193	0:41:45	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vet)	1263	00:41:45		
194	0:41:50	OUTRAM, Phil	(1) Sunderland Strollers	Slow (Vet)	802	00:41:50		
195	0:41:52	SMITH, Fred	(2) Saltwell Harriers	Medium (Vet)	1290	00:39:22		
196	0:41:52	DONNEKY JR, John	(3) Derwentside AC	Fast	467	00:36:52		
197	0:41:54	ARMSTRONG, Michael	(1) Sunderland Strollers	Slow (Vet)	770	00:41:54		
198	0:41:54	MCENTEE, Scott	(1) Heaton Harriers	Medium	154	00:39:24		
199	0:41:54	REDFERN, Chris	(2) Saltwell Harriers	Slow (Vet)	1284	00:41:54		
200	0:41:57	FOGGO, Peter	(3) Jarrow & Hebburn AC	Slow	892	00:41:57		
201	0:41:57	KIRBY, Richard	(1) Morpeth Harriers & AC	Slow (Vet)	27	00:41:57		
202	0:41:58	FOWLER, Andrew	(3) PB Fitness	Slow	911	00:41:58		
203	0:42:00	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86	00:39:30		
204	0:42:04	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251	00:42:04		
205	0:42:04	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vet)	1114	00:42:04		
206	0:42:04	HANSON, Patrick	(1) Sunderland Strollers	Slow (Vet)	784	00:42:04		
207	0:42:07	SKELDON, Mick	(1) Wallsend Harriers	Slow (Vet)	875	00:42:07		
208	0:42:08	GRIFFITHS, Sam	(2) Crook AC	Slow	586	00:42:08		
209	0:42:10	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158	00:42:10		
210	0:42:11	JONES, Mark	(2) Elvet Striders	Slow	330	00:42:11		
211	0:42:13	STOREY, Alan	(2) Blaydon Harriers	Slow (Vet)	1180	00:42:13		
212	0:42:20	YOUNG, David	(3) Tynebridge Harriers	Slow (Vet)	932	00:42:20		
213	0:42:25	THOMPSON, Andrew	(3) Aurora	Slow (Vet)	1328	00:42:25		
214	0:42:30	FROST, Martin	(1) North Shields Poly	Slow (Vet)	1042	00:42:30		
215	0:42:31	DUNLOP, Sean	(2) Low Fell RC	Medium (Vet)	498	00:40:01		
216	0:42:32	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95	00:42:32		
217	0:42:35	BRADLEY, Dave	(3) Blyth RC	Slow (Vet)	422	00:42:35		
218	0:42:38	DANIALS, Simon	(2) Gosforth Harriers & AC	Slow (Vet)	1335	00:42:38		
219	0:42:39	RICHARDSON, Peter	(1) Sunderland Harriers	Slow (Vet)	1419	00:42:39		
220	0:42:41	SAVAGE, David	(1) Sunderland Harriers	Slow (Vet)	1143	00:42:41		
221	0:42:43	TORBETT, James	(1) Wallsend Harriers	Slow	883	00:42:43		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
222	0:42:52	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	00:42:52		
223	0:42:53	SMITH, Paul	(2) Crook AC	Slow (Vet)	603	00:42:53		
224	0:42:54	REED, Joe	(2) Saltwell Harriers	Slow	1418	00:42:54		
225	0:43:02	WILSON, Ed	(1) South Shields Harriers & AC	Slow (Vet)	121	00:43:02		
226	0:43:03	KELLY, David	(2) Low Fell RC	Slow (Vet)	522	00:43:03		
227	0:43:09	YOUNG, Ian	(3) Blackhill Bounders	Slow	1415	00:43:09		
228	0:43:13	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699	00:43:13		
229	0:43:19	MCDONALD, Ian	(2) Jesmond Joggers	Slow (Vet)	409	00:43:19		
230	0:43:24	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136	00:43:24		
231	0:43:25	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829	00:43:25		
232	0:43:26	WEIR, Richard	(1) Wallsend Harriers	Slow (Vet)	887	00:43:26		
233	0:43:27	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128	00:43:27		
234	0:43:30	WESSON, Keith	(2) Elvet Striders	Slow (Vet)	325	00:43:30		
235	0:43:35	USHER, Brian	(3) Aurora	Slow (Vet)	1331	00:43:35		
236	0:43:40	WATSON, Geoff	(2) Durham City Harriers	Slow	1244	00:43:40		
237	0:43:42	KISLER, Jonathan	(1) Sunderland Strollers	Slow (Vet)	1408	00:43:42		
238	0:43:45	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vet)	117	00:43:45		
239	0:43:46	LESLIE, Graham	(2) Claremont RR	Slow (Vet)	212	00:43:46		
240	0:43:49	O'GARA (V), Terry	(1) Wallsend Harriers	Slow (Vet)	865	00:43:49		
241	0:43:49	LEONARD, Simon	(3) Houghton AC	Slow	1094	00:43:49		
242	0:43:53	BRIGNALL, David	(1) Heaton Harriers	Slow (Vet)	137	00:43:53		
243	0:43:55	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312	00:43:55		
244	0:43:56	BHOGAL, Paramjeet	(1) Heaton Harriers	Slow (Vet)	135	00:43:56		
245	0:43:57	LEMIN, Simon	(3) Blyth RC	Slow	432	00:43:57		
246	0:43:59	HEWITSON, Robert	(2) Durham City Harriers	Slow (Vet)	1216	00:43:59		
247	0:43:59	ZOPPI, Guillaume	(1) Heaton Harriers	Slow	1392	00:43:59		
248	0:43:59	TURNER, Mark	(2) Jesmond Joggers	Slow	416	00:43:59		
249	0:44:06	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vet)	258	00:44:06		
250	0:44:09	DUKE, Chris	(1) Sunderland Strollers	Slow (Vet)	1413	00:44:09		
251	0:44:13	MYLES, Rick	(1) North Shields Poly	Slow	1384	00:44:13		
252	0:44:18	JAMES, Phil	(2) Saltwell Harriers	Slow (Vet)	1273	00:44:18		
253	0:44:19	WATSON, Phil	(1) Sunderland Strollers	Slow (Vet)	818	00:44:19		
254	0:44:23	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827	00:44:23		
255	0:44:25	CLARKE, Wayne	(2) Crook AC	Slow	579	00:44:25		
256	0:44:26	SLATER, Phil	(1) South Shields Harriers & AC	Slow	113	00:44:26		
257	0:44:28	MCENTEE, Ken	(1) Heaton Harriers	Slow (Vet)	155	00:44:28		
258	0:44:33	HODGSON, Alan	(1) Sunderland Harriers	Slow	1127	00:44:33		
259	0:44:37	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169	00:44:37		
260	0:44:38	SKIRROW, Graham	(1) Alnwick Harriers	Slow (Vet)	73	00:44:38		
261	0:44:39	JOBE, Simon	(1) Heaton Harriers	Slow	1380	00:44:39		
262	0:44:41	MICHAEL, Doug	(1) Heaton Harriers	Slow (Vet)	159	00:44:41		
263	0:44:44	MILLER, Chris	(2) Low Fell RC	Slow	539	00:44:44		
264	0:44:49	TOWNSEND, Richard	(2) Saltwell Harriers	Slow (Vet)	1296	00:44:49		
265	0:44:50	YOUNG, Callum	(2) Elvet Striders	Slow	327	00:44:50		
266	0:44:50	WADDELL, John	(2) Gosforth Harriers & AC	Slow (Vet)	378	00:44:50		
267	0:44:50	THOMAS, Ian	(2) Elvet Striders	Slow	320	00:44:50		
268	0:44:51	HAYDEN, Ian	(3) Aurora	Medium	1319	00:42:21		
269	0:44:58	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101	00:44:58		
270	0:44:59	BAXTER, Ian	(3) Blyth RC	Slow (Vet)	420	00:44:59		
271	0:44:59	PHIPPS, Dominic	(1) Gateshead Harriers	Slow	740	00:44:59		
272	0:44:59	LYNCH, Conor	(2) Jesmond Joggers	Slow	407	00:44:59		
273	0:45:01	KYTE, Steve	(1) Elswick Harriers	Slow (Vet)	653	00:45:01		
274	0:45:04	BUCKLEY, Brian	(3) Derwentside AC	Slow	465	00:45:04		
275	0:45:04	ROBSON, Dean	(1) Sunderland Strollers	Slow	807	00:45:04		
276	0:45:09	LEE, Ged	(1) Wallsend Harriers	Slow (Vet)	853	00:45:09		
277	0:45:13	RAINE, William	(3) Aurora	Slow (Vet)	1322	00:45:13		
278	0:45:17	HOCKIN, Richard	(2) Elvet Striders	Slow (Vet)	301	00:45:17		
279	0:45:22	DALBY, Edward	(2) Blaydon Harriers	Slow (Vet)	1156	00:45:22		
280	0:45:25	BATY (V), Edward	(1) Heaton Harriers	Slow (Vet)	133	00:45:25		
281	0:45:30	HUGHES, Paul	(1) North Shields Poly	Slow (Vet)	1050	00:45:30		
282	0:45:31	WHITLEY, Alan	(1) North Shields Poly	Slow	1386	00:45:31		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
283	0:45:32	DUNNING, Alan	(2) Jesmond Joggers	Slow (Vet)	401	00:45:32		
284	0:45:34	TEALE, Mark	(1) North Shields Poly	Slow (Vet)	1064	00:45:34		
285	0:45:34	LITTLE, Chris	(1) North Shields Poly	Slow (Vet)	1382	00:45:34		
286	0:45:35	GILMORE, David	(1) North Shields Poly	Slow (Vet)	1074	00:45:35		
287	0:45:48	HAWTHORN, Pete	(1) Heaton Harriers	Slow (Vet)	1416	00:45:48		
288	0:45:50	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099	00:45:50		
289	0:46:00	KISZOW, Stephen	(1) Sunderland Strollers	Slow	793	00:46:00		
290	0:46:03	PARKER, Reg	(2) Blaydon Harriers	Slow (Vet)	1174	00:46:03		
291	0:46:09	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366	00:46:09		
292	0:46:15	FREEMAN, Kevin	(3) Blyth RC	Slow (Vet)	428	00:46:15		
293	0:46:19	PATRICK, Colin	(2) Crook AC	Slow (Vet)	600	00:46:19		
294	0:46:20	JOYCE, Peter	(1) Wallsend Harriers	Slow (Vet)	849	00:46:20		
295	0:46:31	ATWELL, Chris	(1) Alnwick Harriers	Slow (Vet)	52	00:46:31		
296	0:46:36	WEST, Paul	(1) Sunderland Strollers	Slow (Vet)	819	00:46:36		
297	0:46:39	BELL, Peter	(2) Elvet Striders	Slow	334	00:46:39		
298	0:46:48	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640	00:46:48		
299	0:46:50	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450	00:46:50		
300	0:46:52	BAINBRIDGE, Ian	(2) Crook AC	Slow (Vet)	571	00:46:52		
301	0:46:54	BOND, Steven	(2) Gosforth Harriers & AC	Slow	347	00:46:54		
302	0:47:03	HEPPLER, Nigel	(2) Elvet Striders	Slow (Vet)	299	00:47:03		
303	0:47:08	CLARK, Andrew	(1) North Shields Poly	Slow (Vet)	1383	00:47:08		
304	0:47:12	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282	00:47:12		
305	0:47:16	WILSON, Douglas	(1) Gateshead Harriers	Slow	766	00:47:16		
306	0:47:17	PLUMMER, Steven	(1) Wallsend Harriers	Slow	868	00:47:17		
307	0:47:18	ROBSON, Alistair	(2) Elvet Striders	Slow	313	00:47:18		
308	0:47:26	TURNER, Richard	(1) Sunderland Strollers	Slow	1411	00:47:26		
309	0:47:28	RUSSELL, George	(2) Low Fell RC	Slow (Vet)	547	00:47:28		
310	0:47:28	MILBOURNE, Bill	(2) Claremont RR	Slow (Vet)	218	00:47:28		
311	0:47:28	CURRIE, Alan	(2) Tynedale Harriers	Slow (Vet)	253	00:47:28		
312	0:47:30	RICHARDSON, Rod	(1) Elswick Harriers	Slow (Vet)	642	00:47:30		
313	0:47:33	KIRK, Bill	(1) Sunderland Strollers	Slow (Vet)	792	00:47:33		
314	0:47:35	GAMMACK, Neil Scott	(1) Heaton Harriers	Slow (Vet)	1404	00:47:35		
315	0:47:49	ALLISON, Mark	(3) Tynebridge Harriers	Slow	1310	00:47:49		
316	0:47:57	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381	00:47:57		
317	0:48:00	FLYNN, James	(1) Wallsend Harriers	Slow (Vet)	842	00:48:00		
318	0:48:24	KEAR, David	(2) Claremont RR	Slow (Vet)	210	00:48:24		
319	0:48:26	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414	00:48:26		
320	0:48:30	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vet)	870	00:48:30		
321	0:48:36	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061	00:48:36		
322	0:48:44	GILL, Mike	(3) Blackhill Bounders	Slow (Vet)	449	00:48:44		
323	0:48:45	MCCAIG, John	(1) Sunderland Strollers	Slow (Vet)	799	00:48:45		
324	0:48:50	STEANSON, Geoff	(3) North East Vets	Slow (Vet)	393	00:48:50		
325	0:48:54	ROBSON, Tony	(1) Elswick Harriers	Slow (Vet)	663	00:48:54		
326	0:48:57	LAMB, Craig	(2) Low Fell RC	Slow	529	00:48:57		
327	0:49:10	WEAVERS, Keith	(3) Aurora	Slow (Vet)	1332	00:49:10		
328	0:49:22	BROOKS, Peter	(2) Elvet Striders	Slow (Vet)	289	00:49:22		
329	0:49:27	BURDEN, Nick	(3) North East Vets	Slow (Vet)	384	00:49:27		
330	0:49:30	STOBBS, Robert	(1) Gateshead Harriers	Slow (Vet)	758	00:49:30		
331	0:49:42	MILLMORE, Tom	(2) Birtley AC	Slow (Vet)	183	00:49:42		
332	0:49:46	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195	00:49:46		
333	0:50:10	SMITH, Neil	(3) Derwentside AC	Slow (Vet)	478	00:50:10		
334	0:50:25	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854	00:50:25		
335	0:50:29	PASCOE, Barry	(3) Jarrow & Hebburn AC	Slow (Vet)	895	00:50:29		
336	0:50:29	ADAMSON, George	(1) North Shields Poly	Slow (Vet)	1029	00:50:29		
337	0:50:31	ROBSON, Dave	(2) Elvet Striders	Slow (Vet)	314	00:50:31		
338	0:50:46	MORRIS, David	(1) North Shields Poly	Slow (Vet)	1055	00:50:46		
339	0:51:09	LEWINS, Paul	(1) Sunderland Strollers	Slow	795	00:51:09		
340	0:51:22	GRASSIE, Mark	(3) Tynebridge Harriers	Slow (Vet)	964	00:51:22		
341	0:51:27	SCOTT, Brian	(3) Tynebridge Harriers	Slow (Vet)	958	00:51:27		
342	0:51:44	FOSTER, Dave	(1) Sunderland Strollers	Slow (Vet)	1407	00:51:44		
343	0:51:47	OWEN, Phil	(2) Elvet Striders	Slow (Vet)	310	00:51:47		
344	0:51:47	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303	00:51:47		
345	0:53:15	NESBITT, Andrew	(3) Blackhill Bounders	Slow (Vet)	452	00:53:15		
346	0:53:34	WHITTAKER, Eric	(3) North East Vets	Slow (Vet)	394	00:53:34		
347	0:53:57	DUFF, Michael	(3) Tynebridge Harriers	Slow (Vet)	942	00:53:57		
348	0:54:22	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379	00:54:22		
349	0:55:05	GREAVES, Laurence	(3) Aurora	Slow (Vet)	1316	00:55:05		
350	0:55:59	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184	00:55:59		
351	0:58:50	BANKS, Neil	(1) Wallsend Harriers	Slow (Vet)	828	00:58:50		
352	1:00:31	MCDONALD, Ken	(1) South Shields Harriers & AC	Slow (Vet)	105	01:00:31		
353	1:03:04	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63	01:03:04		

U17s - CRAMLINGTON

00:00:00

Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	00:03:00
1	0:22:26	CHAMBERS, Greg	Gateshead H	Slow	261	1	00:22:26		
2	0:22:46	WALLETT, Anthony	North Shields Poly	Slow	227	2	00:22:46		
3	0:23:28	CROMBIE, Patrick	Sunderland H	Slow	236	3	00:23:28		
4	0:23:51	PEVERLEY, Christopher	Birtley AC	Slow	137	4	00:23:51		
5	0:23:56	NICHOLSON, Chris	Gateshead H	Slow	266	5	00:23:56	TEAMS	
6	0:23:59	LORRAINE, Robbie	Gateshead H	Slow	262	6	00:23:59	Gateshead	12
7	0:24:26	BELL, Jordan	Blackhill Bounders	Slow	283	7	00:24:26	Sunderland H	41
8	0:24:26	DUNN, Isaac	Blackhill Bounders	Slow	284	8	00:24:26	Blyth	53
9	0:25:18	HALL, Michael	Elswick H	Slow	11	9	00:25:18	South Shields	53
10	0:25:39	REED, Jack	Gosforth H	Fast	22	10	00:22:39	Morpeth	54
11	0:25:44	CALDWELL, Phillip	Morpeth H	Fast	105	11	00:22:44		
12	0:26:00	SCOTT, Michael	Blyth RC	Slow	46	12	00:26:00		
13	0:26:05	EVANS, Jonathan	South Shields	Slow	149	13	00:26:05		
14	0:26:43	CURRIE, Jonathan	Tynedale H	Slow	74	14	00:26:43		
15	0:27:36	KELLY, Jack	Sunderland H	Slow	234	15	00:27:36		
16	0:27:42	WAKEFIELD, David	South Shields	Fast	155	16	00:24:42		
17	0:27:42	TODHUNTER, Mark	Tynedale H	Slow	73	17	00:27:42		
18	0:27:59	PAULSEN, Henrik	Morpeth H	Slow	114	18	00:27:59		
19	0:28:00	POVEY, Scott	Blyth RC	Fast	44	19	00:25:00		
20	0:28:31	THOMAS, Mark	Gosforth H	Slow	34	20	00:28:31		
21	0:28:36	SANDBACH, Daniel	Jarrow & Hebburn	Fast	220	21	00:25:36		
22	0:28:59	STOREY, Callum	Blyth RC	Fast	45	22	00:25:59		
23	0:29:06	HIND, Michael	Sunderland H	Slow	189	23	00:29:06		
24	0:29:30	TODD, Michael	South Shields	Fast	154	24	00:26:30		
25	0:29:31	HANCOX, Sam	Morpeth H	Fast	106	25	00:26:31		
26	0:30:37	KIRK, Jonathan	Houghton AC	Slow	90	26	00:30:37		
27	0:37:31	PRESS, Kristian	Sunderland Strollers	Slow	301	27	00:37:31		

U15s BOYS - CRAMLINGTON

00:00:00

Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	00:01:40
1	0:11:23	GREEN, Ryan	Morpeth H	Slow	124	1	00:11:23		
2	0:11:34	ROBINSON, Fergus	Tynedale H	Slow	86	2	00:11:34		
3	0:11:43	HOWARTH, Jonathan	Gateshead H	Slow	269	3	00:11:43	TEAMS	
4	0:11:47	JACKSON, Mattie	Blyth RC	Slow	1	4	00:11:47	Alnwick	34
5	0:11:49	WEIGHTMAN, Adam	Alnwick Harriers	Slow	2	5	00:11:49	Gateshead	35
6	0:12:00	HILL, Adam	Wallsend Harriers	Slow	211	6	00:12:00	Tynedale	40
7	0:12:09	CURRY, Jack	Blaydon Harriers	Slow	201	7	00:12:09	Sunderland H	41
8	0:12:12	CRAIG, Ben	Sunderland H	Slow	180	8	00:12:12	Blyth	50
9	0:12:15	MCGRATH, Liam	Houghton AC	Slow	94	9	00:12:15	Morpeth	52
10	0:12:17	MOUNT, Thomas	Gateshead H	Slow	273	10	00:12:17	Houghton	70
11	0:12:21	SHAFIQ, Adam	Alnwick Harriers	Slow	177	11	00:12:21	North Shields Poly	93
12	0:12:23	MORLEY, Dominic	Tynedale H	Slow	82	12	00:12:23	Gosforth	106
13	0:12:25	MCANANEY, James	Sunderland H	Slow	181	13	00:12:25		
14	0:12:32	MORGAN, Lewis	Birtley AC	Slow	141	14	00:12:32		
15	0:12:38	RUDMAN, George	Blaydon Harriers	Slow	202	15	00:12:38		
16	0:12:39	COYNE, Thomas	Jarrow & Hebburn	Fast	221	16	00:10:59		
17	0:12:45	GOULDING, Tom	Chester-le-Street	Fast	300	17	00:11:05		
18	0:12:47	SKIRROW, Peter	Alnwick Harriers	Slow	169	18	00:12:47		
19	0:12:48	KELLY, Elliot	Morpeth H	Fast	118	19	00:11:08		
20	0:12:51	JONES, Joel	Sunderland H	Fast	241	20	00:11:11		
21	0:12:53	YOUNG, James	Blyth RC	Slow	58	21	00:12:53		
22	0:12:54	MARSHALL, Jed	Gateshead H	Fast	272	22	00:11:14		
23	0:12:59	MITCHEN, Ben	Houghton AC	Slow	95	23	00:12:59		
24	0:13:01	MATHER, Andrew	North Shields Poly	Slow	229	24	00:13:01		
25	0:13:03	WRIGHT, Jordan	Blyth RC	Slow	57	25	00:13:03		
26	0:13:12	SANDERSON, George	Tynedale H	Fast	77	26	00:11:32		
27	0:13:15	KING, Matthew	Durham City	Slow	6	27	00:13:15		
28	0:13:17	WOODS, Joseph	Blyth RC	Slow	53	28	00:13:17		
29	0:13:22	CRIPWELL, James	Gateshead H	Fast	268	29	00:11:42		
30	0:13:27	ROUTLEDGE, Toby	Tynedale H	Fast	75	30	00:11:47		
31	0:13:32	WALKER, Joe	Elswick H	Fast	16	31	00:11:52		
32	0:13:58	ELDER, Joe	Morpeth H	Fast	111	32	00:12:18		
33	0:14:03	ROBSON, William	North Shields Poly	Slow	224	33	00:14:03		
34	0:14:10	MCQUADE, Barney	Gosforth H	Slow	30	34	00:14:10		
35	0:14:22	CARTWRIGHT, Daniel	Gosforth H	Fast	23	35	00:12:42		
36	0:14:33	WILKINSON, Jake	North Shields Poly	Slow	196	36	00:14:33		
37	0:14:35	MACKAY, Alex	Gosforth H	Slow	32	37	00:14:35		
38	0:14:38	THOMPSON, Lewis	Houghton AC	Fast	98	38	00:12:58		
39	0:14:41	MYERS, James	Sunderland H	Fast	242	39	00:13:01		
40	0:14:58	MORLEY, Jake	North Shields Poly	Slow	231	40	00:14:58		
41	0:15:06	IRVINE, Luca	Sunderland H	Fast	240	41	00:13:26		
42	0:15:10	OLIVER, Callum	South Shields	Slow	297	42	00:15:10		
43	0:15:22	WALLACE, Joe	Birtley AC	Slow	199	43	00:15:22		
44	0:15:32	GRAMHAM, Matthew	Houghton AC	Slow	93	44	00:15:32		
45	0:15:37	NICHOLSON, Mark	Blyth RC	Fast	51	45	00:13:57		
46	0:15:52	KEEDY, Matthew	South Shields	Slow	298	46	00:15:52		

U13s BOYS - CRAMLINGTON

Place	Time	Name	Team	Cat	No	Pos	Handicap	00:01:40
1	0:12:15	WAKEFIELD, Matthew	South Shields	Slow	160	1	00:12:15	
2	0:12:30	HEDLEY, Kieran	Morpeth H	Slow	129	2	00:12:30	
3	0:12:39	JONES, Euan	Morpeth H	Slow	126	3	00:12:39	TEAMS
4	0:12:57	KELLY, Ben	Alnwick Harriers	Slow	290	4	00:12:57	Morpeth 17
5	0:13:00	SANDERSON, Henry	Tynedale H	Slow	87	5	00:13:00	Alnwick 26
6	0:13:04	COLLINS, Sam	Elswick H	Slow	192	6	00:13:04	Tynedale 27
7	0:13:05	LONSDALE, Markhim	Gateshead H	Fast	277	7	00:11:25	Elswick 38
8	0:13:13	JACKSON, Matthew	Tynedale H	Fast	80	8	00:11:33	Sunderland H 62
9	0:13:17	THOMPSON, Sam	Alnwick Harriers	Slow	291	9	00:13:17	Gateshead 67
10	0:13:24	POTTS, James	Elswick H	Slow	193	10	00:13:24	Gosforth 75
11	0:13:31	WATSON, Kieran	Sunderland H	Slow	256	11	00:13:31	North Shields Poly 103
12	0:13:41	WILLIAMS, Samuel	Morpeth H	Slow	130	12	00:13:41	Birtley 117
13	0:13:42	DOBBINS, Joseph	Alnwick Harriers	Slow	172	13	00:13:42	
14	0:13:44	JACKSON, Christopher	Tynedale H	Slow	200	14	00:13:44	
15	0:13:46	HOPKINS, Jacob	Morpeth H	Fast	125	15	00:12:06	
16	0:13:57	MURTON, Alfie	Alnwick Harriers	Slow	292	16	00:13:57	
17	0:13:58	BIRD, Sam	Gosforth H	Slow	281	17	00:13:58	
18	0:14:01	MYERS, Sam	Tynedale H	Slow	89	18	00:14:01	
19	0:14:10	PEARSON, Max	Tynedale H	Fast	84	19	00:12:30	
20	0:14:10	YOUNG, Dillon	North Shields Poly	Slow	197	20	00:14:10	
21	0:14:16	PHILLIPS, Luke	Sunderland H	Slow	250	21	00:14:16	
22	0:14:17	CASSIDY, Ewan	Elswick H	Fast	18	22	00:12:37	
23	0:14:18	BEATTIE, Matthew	Elswick H	Slow	191	23	00:14:18	
24	0:14:20	ANDERSON, Jonathan	Tynedale H	Fast	78	24	00:12:40	
25	0:14:22	FULLER, Sean	Elswick H	Slow	194	25	00:14:22	
26	0:14:23	MACPHERSON, Leodhais	Tynebridge Harriers	Slow	186	26	00:14:23	
27	0:14:25	RUSSELL, Jed	Gosforth H	Fast	37	27	00:12:45	
28	0:14:29	PHILLIPS, Matthew	Gateshead H	Slow	279	28	00:14:29	
29	0:14:33	BROWN, Alex	Houghton AC	Fast	100	29	00:12:53	
30	0:14:48	SMITH, Jack	Sunderland H	Fast	253	30	00:13:08	
31	0:15:05	SHARPE, Andrew	Gosforth H	Slow	38	31	00:15:05	
32	0:15:05	CAMPION, David	Gateshead H	Slow	275	32	00:15:05	
33	0:15:13	KELLY, Luke	Birtley AC	Fast	144	33	00:13:33	
34	0:15:16	NICHOLSON, Jason	Gateshead H	Fast	278	34	00:13:36	
35	0:15:18	BOOTH, Mark	Morpeth H	Slow	299	35	00:15:18	
36	0:15:21	TWEDDLE, Adam	Blyth RC	Slow	287	36	00:15:21	
37	0:15:24	HAYWARD, Oliver	Elswick H	Fast	19	37	00:13:44	
38	0:15:25	KIRBY, Philip	Morpeth H	Fast	127	38	00:13:45	
39	0:15:41	CAMPBELL, Elliot	Alnwick Harriers	Slow	204	39	00:15:41	
40	0:15:42	TAYLOR, Kieran	Birtley AC	Slow	147	40	00:15:42	
41	0:15:45	MORLEY, Matthew	North Shields Poly	Fast	232	41	00:14:05	
42	0:15:48	LOUGHNEY, Robbie	North Shields Poly	Slow	198	42	00:15:48	
43	0:15:58	TAYLOR, Elliot	Blyth RC	Slow	64	43	00:15:58	
44	0:16:08	RIDLEY, Adam	Birtley AC	Fast	145	44	00:14:28	
45	0:16:15	WILLIAMS, Peter	Heaton Harriers	Slow	295	45	00:16:15	
46	0:16:16	GAFFNEY, Joe	Sunderland H	Slow	245	46	00:16:16	
47	0:16:30	JAMES, Lewis	Morpeth H	Slow	205	47	00:16:30	
48	0:16:37	QUINN, Samuel	Sunderland H	Slow	251	48	00:16:37	
49	0:17:25	CAMPBELL, Matthew	Alnwick Harriers	Slow	210	49	00:17:25	
50	0:18:16	GREEN, Thomas	Heaton Harriers	Slow	294	50	00:18:16	

NUMBER	AGE	NAME	TEAM	NEW PACK	OLD PACK
56	MEN	CAMPBELL, Geoff	(1) Alnwick Harriers	Medium (Vet)	Slow (Vet)
72	MEN	SIMON, Ian	(1) Alnwick Harriers	Medium	Slow
707	MEN	GREENWOOD, Simeon	(1) Gateshead Harriers	Medium	Slow
1247	MEN	URWIN, Greg	(1) Gateshead Harriers	Medium	Slow
686	MEN	BOYD, Jonny	(1) Gateshead Harriers	Medium	Slow
164	MEN	ROBINSON, Ian	(1) Heaton Harriers	Fast	Medium
152	MEN	LIKEMAN, Mark	(1) Heaton Harriers	Fast	Medium
157	MEN	MACLEOD, Jamie	(1) Heaton Harriers	Medium	Slow
163	MEN	ROBINS, Dan	(1) Heaton Harriers	Medium	Slow
24	MEN	HEGARTY, Mike	(1) Morpeth Harriers & AC	Medium	Slow
623	MEN	BUTTERS, John	(1) Morpeth Harriers & AC	Medium	Slow
1032	MEN	BATY, John	(1) North Shields Poly	Medium (Vet)	Slow (Vet)
1044	MEN	HADDON, Alan	(1) North Shields Poly	Medium	Slow
1048	MEN	HEMY (V), Vaughan	(1) North Shields Poly	Medium (Vet)	Slow (Vet)
1070	MEN	PENN, Greg	(1) North Shields Poly	Medium (Vet)	Slow (Vet)
1135	MEN	MERRISON, Paul	(1) Sunderland Harriers	Medium (Vet)	Slow (Vet)
798	MEN	MCARDLE, Niall	(1) Sunderland Strollers	Medium	Slow
1398	MEN	AISTON, Phillip	(1) Wallsend Harriers	Medium	Slow
181	MEN	MCENANEY, Josh	(2) Birtley AC	Medium	Slow
1353	MEN	AYTON, Liam	(2) Durham City Harriers	Medium	Slow
481	MEN	ARCHER, Jon	(2) Low Fell RC	Fast	Medium
1294	MEN	THOMPSON, Jim	(2) Saltwell Harriers	Medium (Vet)	Slow (Vet)
276	MEN	PRATT, Adam	(2) Tynedale Harriers	Medium	Slow
1311	MEN	NEESON, Jack	(3) Tynebridge Harriers	Medium	Slow
952	MEN	MORLEY, John	(3) Tynebridge Harriers	Medium	Slow
927	MEN	KELLY, Sean	(3) Tynebridge Harriers	Medium (Vet)	Slow (Vet)
1420	MEN	EDGE, Phil	Desford Striders (Leics)	Medium	Slow
1405	MEN	DUNN, Christopher	Sunderland Strollers (N/C)	Medium	Slow
137	U17	PEVERLEY, Christopher	Birtley AC	Fast	Slow
283	U17	BELL, Jordan	Blackhill Bounders	Fast	Slow
284	U17	DUNN, Isaac	Blackhill Bounders	Fast	Slow
11	U17	HALL, Michael	Elswick H	Fast	Slow
261	U17	CHAMBERS, Greg	Gateshead H	Fast	Slow
266	U17	NICHOLSON, Chris	Gateshead H	Fast	Slow
262	U17	LORRAINE, Robbie	Gateshead H	Fast	Slow
227	U17	WALLET, Anthony	North Shields Poly	Fast	Slow
236	U17	CROMBIE, Patrick	Sunderland H	Fast	Slow
1	U15	JACKSON, Mattie	Blyth RC	Fast	Slow
2	U15	WEIGHTMAN, Adam	Alnwick Harriers	Fast	Slow
201	U15	CURRY, Jack	Blaydon Harriers	Fast	Slow
269	U15	HOWARTH, Jonathan	Gateshead H	Fast	Slow
273	U15	MOUNT, Thomas	Gateshead H	Fast	Slow
94	U15	MCGRATH, Liam	Houghton AC	Fast	Slow
124	U15	GREEN, Ryan	Morpeth H	Fast	Slow
180	U15	CRAIG, Ben	Sunderland H	Fast	Slow
86	U15	ROBINSON, Fergus	Tynedale H	Fast	Slow
211	U15	HILL, Adam	Wallsend Harriers	Fast	Slow
290	U13	KELLY, Ben	Alnwick Harriers	Fast	Slow
291	U13	THOMPSON, Sam	Alnwick Harriers	Fast	Slow
192	U13	COLLINS, Sam	Elswick H	Fast	Slow
193	U13	POTTS, James	Elswick H	Fast	Slow
129	U13	HEDLEY, Kieran	Morpeth H	Fast	Slow
126	U13	JONES, Euan	Morpeth H	Fast	Slow
160	U13	WAKEFIELD, Matthew	South Shields	Fast	Slow
87	U13	SANDERSON, Henry	Tynedale H	Fast	Slow

SENIOR MEN - CRAMLINGTON**GRAND PRIX POINTS**

Place	Time	Name	Team	Cat	No	Handicap	Points
23	0:36:55	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	00:31:55	10
29	0:37:19	DAWSON, Michael	(1) Morpeth Harriers & AC	Fast	13	00:32:19	9
64	0:38:11	ADAMS, Luke	(1) South Shields Harriers & AC	Fast	81	00:33:11	8
1	0:33:25	AISTON, Phillip	(1) Wallsend Harriers	Slow	1398	00:33:25	7
2	0:33:50	NEESON, Jack	(3) Tynebridge Harriers	Slow	1311	00:33:50	6
14	0:36:28	ROBINSON, Ian	(1) Heaton Harriers	Medium	164	00:33:58	5
16	0:36:31	ARCHER, Jon	(2) Low Fell RC	Medium	481	00:34:01	4
17	0:36:33	LIKEMAN, Mark	(1) Heaton Harriers	Medium	152	00:34:03	3
87	0:39:05	COULSON, Phil	(2) Low Fell RC	Fast	1300	00:34:05	2
3	0:34:17	AYTON, Liam	(2) Durham City Harriers	Slow	1353	00:34:17	1
105	0:39:26	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054	00:34:26	10
116	0:39:39	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	00:34:39	9
117	0:39:39	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45	00:34:39	8
118	0:39:39	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399	00:34:39	7
44	0:37:46	MACPHERSON, Ken	(3) Tynebridge Harriers	Medium (Vet)	938	00:35:16	6
48	0:37:54	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	00:35:24	5
7	0:35:32	MERRISON, Paul	(1) Sunderland Harriers	Slow (Vet)	1135	00:35:32	4
55	0:38:08	MCGRATH, Ian	(2) Crook AC	Medium (Vet)	596	00:35:38	3
62	0:38:08	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	00:35:38	2
161	0:40:45	ALLISON, Jason	(2) Crook AC	Fast (Vet)	568	00:35:45	1

SENIOR MEN - CRAMLINGTON

Place	Time	Name	Team	TEAM POINTS
7	0:36:21	CAMPBELL, Geoff	(1) Alnwick Harriers	329
19	0:37:21	SIMON, Ian	(1) Alnwick Harriers	
56	0:39:15	LOWE, David	(1) Alnwick Harriers	
76	0:40:01	RICHARDSON, Danny	(1) Alnwick Harriers	
78	0:40:02	HINDMARSH, David	(1) Alnwick Harriers	
93	0:41:22	SYERS, Graham	(1) Alnwick Harriers	
98	0:41:41	CARTER, Stuart	(1) Alnwick Harriers	
134	0:44:38	SKIRROW, Graham	(1) Alnwick Harriers	
150	0:46:31	ATWELL, Chris	(1) Alnwick Harriers	
162	0:48:26	LEE, Philip	(1) Alnwick Harriers	
177	1:03:04	HUME, Mark	(1) Alnwick Harriers	
28	0:37:54	BENNETT, Lee	(1) Elswick Harriers	301
30	0:38:08	STEPHENSON, Kevin	(1) Elswick Harriers	
46	0:38:45	CLARK, Jason	(1) Elswick Harriers	
61	0:39:28	HARDY, Iain	(1) Elswick Harriers	
64	0:39:39	TURNER, Paul	(1) Elswick Harriers	
72	0:39:54	BALMAIN, Daniel	(1) Elswick Harriers	
87	0:40:40	HARTLEY, Andrew	(1) Elswick Harriers	
89	0:40:56	CARPENTER, Mark	(1) Elswick Harriers	
138	0:45:01	KYTE, Steve	(1) Elswick Harriers	
152	0:46:48	CURRY, Stephen	(1) Elswick Harriers	
157	0:47:30	RICHARDSON, Rod	(1) Elswick Harriers	
166	0:48:54	ROBSON, Tony	(1) Elswick Harriers	
4	0:35:53	GREENWOOD, Simeon	(1) Gateshead Harriers	113
15	0:37:13	URWIN, Greg	(1) Gateshead Harriers	
16	0:37:14	BOYD, Jonny	(1) Gateshead Harriers	
21	0:37:24	OLD, David	(1) Gateshead Harriers	
26	0:37:46	CONNELLY, Kevin	(1) Gateshead Harriers	
31	0:38:08	CAMILLERI, Nigel	(1) Gateshead Harriers	
42	0:38:27	SLATER, Martin	(1) Gateshead Harriers	
83	0:40:27	MEDD, Steven	(1) Gateshead Harriers	
92	0:41:17	ALEXANDER, Alec	(1) Gateshead Harriers	
96	0:41:37	MCGOWAN, Phillip	(1) Gateshead Harriers	
115	0:43:13	DEVLIN, Frank	(1) Gateshead Harriers	
137	0:44:59	PHIPPS, Dominic	(1) Gateshead Harriers	
154	0:47:16	WILSON, Douglas	(1) Gateshead Harriers	
167	0:49:30	STOBBS, Robert	(1) Gateshead Harriers	
8	0:36:28	ROBINSON, Ian	(1) Heaton Harriers	133
9	0:36:33	LIKEMAN, Mark	(1) Heaton Harriers	
12	0:36:41	MACLEOD, Jamie	(1) Heaton Harriers	
14	0:37:00	ROBINS, Dan	(1) Heaton Harriers	
43	0:38:31	SALTER, Matt	(1) Heaton Harriers	
47	0:39:02	GIBSON, John	(1) Heaton Harriers	
50	0:39:06	BELL, Andrew	(1) Heaton Harriers	
51	0:39:07	TAYLOR, Ed	(1) Heaton Harriers	
53	0:39:10	HARRIS, Shaun	(1) Heaton Harriers	
58	0:39:24	FROOM, Nick	(1) Heaton Harriers	
63	0:39:33	DALEY (V), Sam	(1) Heaton Harriers	
66	0:39:40	MINGSTONES, Mick	(1) Heaton Harriers	
73	0:39:54	GREEN, Philip	(1) Heaton Harriers	
77	0:40:01	DICKER, Gary	(1) Heaton Harriers	
79	0:40:04	WRIGHT, Davey	(1) Heaton Harriers	
85	0:40:33	HOWE, Paul	(1) Heaton Harriers	
86	0:40:34	LONGMAN, Lucas	(1) Heaton Harriers	
95	0:41:30	LEYS, Andrew	(1) Heaton Harriers	
100	0:41:54	MCENTEE, Scott	(1) Heaton Harriers	
107	0:42:10	MACLEOD, Joseph	(1) Heaton Harriers	
123	0:43:53	BRIGNALL, David	(1) Heaton Harriers	
124	0:43:56	BHOGAL, Paramjeet	(1) Heaton Harriers	
125	0:43:59	ZOPPI, Guillaume	(1) Heaton Harriers	
131	0:44:28	MCENTEE, Ken	(1) Heaton Harriers	
133	0:44:37	SHILLITOE, Ben	(1) Heaton Harriers	
135	0:44:39	JOBE, Simon	(1) Heaton Harriers	
136	0:44:41	MICHAEL, Doug	(1) Heaton Harriers	
141	0:45:25	BATY (V), Edward	(1) Heaton Harriers	
147	0:45:48	HAWTHORN, Pete	(1) Heaton Harriers	
159	0:47:35	GAMMACK, Neil Scott	(1) Heaton Harriers	
173	0:54:22	YOUNG, Dennis	(1) Heaton Harriers	
2	0:35:01	HEGARTY, Mike	(1) Morpeth Harriers & AC	126
13	0:36:58	BUTTERS, John	(1) Morpeth Harriers & AC	

18	0:37:19	DAWSON, Michael	(1) Morpeth Harriers & AC	
27	0:37:48	WAUGH, Chris	(1) Morpeth Harriers & AC	
29	0:37:59	WOODS, John	(1) Morpeth Harriers & AC	
37	0:38:15	BRADLEY, Stephen	(1) Morpeth Harriers & AC	
65	0:39:39	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	
82	0:40:12	WINTER, Mike	(1) Morpeth Harriers & AC	
90	0:41:12	HANCOX, Rob	(1) Morpeth Harriers & AC	
102	0:41:57	KIRBY, Richard	(1) Morpeth Harriers & AC	
5	0:36:02	BATY, John	(1) North Shields Poly	156
10	0:36:34	HADDON, Alan	(1) North Shields Poly	
11	0:36:39	HEMY (V), Vaughan	(1) North Shields Poly	
17	0:37:17	PENN, Greg	(1) North Shields Poly	
54	0:39:13	WHITEHEAD, Chris	(1) North Shields Poly	
59	0:39:26	MORLEY, Chris	(1) North Shields Poly	
71	0:39:50	DUTTON, Michael	(1) North Shields Poly	
80	0:40:06	ROBSON, Gary	(1) North Shields Poly	
84	0:40:31	SPIERS, Martin	(1) North Shields Poly	
108	0:42:30	FROST, Martin	(1) North Shields Poly	
127	0:44:13	MYLES, Rick	(1) North Shields Poly	
142	0:45:30	HUGHES, Paul	(1) North Shields Poly	
143	0:45:31	WHITLEY, Alan	(1) North Shields Poly	
144	0:45:34	TEALE, Mark	(1) North Shields Poly	
145	0:45:34	LITTLE, Chris	(1) North Shields Poly	
146	0:45:35	GILMORE, David	(1) North Shields Poly	
153	0:47:08	CLARK, Andrew	(1) North Shields Poly	
160	0:47:57	WEBB, Andrew	(1) North Shields Poly	
164	0:48:36	SMALL, Mark	(1) North Shields Poly	
169	0:50:29	ADAMSON, George	(1) North Shields Poly	
170	0:50:46	MORRIS, David	(1) North Shields Poly	
20	0:37:22	JONSON, Simon	(1) South Shields Harriers & AC	181
25	0:37:35	MUIR, Chris	(1) South Shields Harriers & AC	
32	0:38:08	WATSON, Jak	(1) South Shields Harriers & AC	
33	0:38:08	MCDONALD, Chris	(1) South Shields Harriers & AC	
35	0:38:09	MACKAY, Keith	(1) South Shields Harriers & AC	
36	0:38:11	ADAMS, Luke	(1) South Shields Harriers & AC	
39	0:38:19	DOXFORD, Paul	(1) South Shields Harriers & AC	
41	0:38:22	JONES (V), Mike	(1) South Shields Harriers & AC	
48	0:39:02	BAINBRIDGE, George	(1) South Shields Harriers & AC	
55	0:39:13	CHAMPMAN, James	(1) South Shields Harriers & AC	
62	0:39:32	EMMETT, Kevin	(1) South Shields Harriers & AC	
67	0:39:40	ATKINSON, Nick	(1) South Shields Harriers & AC	
68	0:39:40	AYRES, Kevin	(1) South Shields Harriers & AC	
94	0:41:25	LEWIS, Scott	(1) South Shields Harriers & AC	
103	0:42:00	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	
109	0:42:32	GIBSON, Nathan	(1) South Shields Harriers & AC	
113	0:42:52	YORSTON, Neil	(1) South Shields Harriers & AC	
114	0:43:02	WILSON, Ed	(1) South Shields Harriers & AC	
119	0:43:27	GIBSON, Mike	(1) South Shields Harriers & AC	
121	0:43:45	WALKER, Peter	(1) South Shields Harriers & AC	
130	0:44:26	SLATER, Phil	(1) South Shields Harriers & AC	
176	1:00:31	MCDONALD, Ken	(1) South Shields Harriers & AC	
3	0:35:32	MERRISON, Paul	(1) Sunderland Harriers	222
38	0:38:18	HARDEN, George	(1) Sunderland Harriers	
40	0:38:20	REDMAN (V), Paul	(1) Sunderland Harriers	
44	0:38:32	GRAHAM, Steven	(1) Sunderland Harriers	
45	0:38:36	HITCHCOCK, Noel	(1) Sunderland Harriers	
52	0:39:09	ARCHER, Jake	(1) Sunderland Harriers	
97	0:41:40	FIELD, Tim	(1) Sunderland Harriers	
104	0:42:04	CHRISTOPHER, Len	(1) Sunderland Harriers	
110	0:42:39	RICHARDSON, Peter	(1) Sunderland Harriers	
111	0:42:41	SAVAGE, David	(1) Sunderland Harriers	
116	0:43:24	PHILLIPS, Dean	(1) Sunderland Harriers	
132	0:44:33	HODGSON, Alan	(1) Sunderland Harriers	
6	0:36:09	MCARDLE, Niall	(1) Sunderland Strollers	305
24	0:37:31	MAYNARD, Ken	(1) Sunderland Strollers	
57	0:39:20	MCMAHON, Steve	(1) Sunderland Strollers	
69	0:39:40	DAVISON, Jack	(1) Sunderland Strollers	
74	0:39:54	O'NEILL, Kevin	(1) Sunderland Strollers	
75	0:40:00	ALLSOP, Tim	(1) Sunderland Strollers	
81	0:40:10	KHAN, Adnan	(1) Sunderland Strollers	
91	0:41:16	DUNLOP, Paul	(1) Sunderland Strollers	
99	0:41:50	OUTRAM, Phil	(1) Sunderland Strollers	
101	0:41:54	ARMSTRONG, Michael	(1) Sunderland Strollers	

105	0:42:04	HANSON, Patrick	(1) Sunderland Strollers	
120	0:43:42	KISLER, Jonathan	(1) Sunderland Strollers	
126	0:44:09	DUKE, Chris	(1) Sunderland Strollers	
128	0:44:19	WATSON, Phil	(1) Sunderland Strollers	
139	0:45:04	ROBSON, Dean	(1) Sunderland Strollers	
148	0:46:00	KISZOW, Stephen	(1) Sunderland Strollers	
151	0:46:36	WEST, Paul	(1) Sunderland Strollers	
156	0:47:26	TURNER, Richard	(1) Sunderland Strollers	
158	0:47:33	KIRK, Bill	(1) Sunderland Strollers	
165	0:48:45	MCCAIG, John	(1) Sunderland Strollers	
171	0:51:09	LEWINS, Paul	(1) Sunderland Strollers	
172	0:51:44	FOSTER, Dave	(1) Sunderland Strollers	
1	0:33:25	AISTON, Phillip	(1) Wallsend Harriers	189
22	0:37:26	HETHERINGTON, Brian	(1) Wallsend Harriers	
23	0:37:30	MIDDLEMIST, Jordan	(1) Wallsend Harriers	
34	0:38:08	VOLPE, Steve	(1) Wallsend Harriers	
49	0:39:02	JAMES, Paul	(1) Wallsend Harriers	
60	0:39:26	CROSSLEY, Will	(1) Wallsend Harriers	
70	0:39:44	ARMSTRONG, Graham	(1) Wallsend Harriers	
88	0:40:47	DINSMORE, Paddy	(1) Wallsend Harriers	
106	0:42:07	SKELDON, Mick	(1) Wallsend Harriers	
112	0:42:43	TORBETT, James	(1) Wallsend Harriers	
117	0:43:25	BELL, Michael	(1) Wallsend Harriers	
118	0:43:26	WEIR, Richard	(1) Wallsend Harriers	
122	0:43:49	O'GARA (V), Terry	(1) Wallsend Harriers	
129	0:44:23	ARMSTRONG, Steve	(1) Wallsend Harriers	
140	0:45:09	LEE, Ged	(1) Wallsend Harriers	
149	0:46:20	JOYCE, Peter	(1) Wallsend Harriers	
155	0:47:17	PLUMMER, Steven	(1) Wallsend Harriers	
161	0:48:00	FLYNN, James	(1) Wallsend Harriers	
163	0:48:30	RICHARDSON, Alex	(1) Wallsend Harriers	
168	0:50:25	MADDOCKS, Tony	(1) Wallsend Harriers	
174	0:58:50	BANKS, Neil	(1) Wallsend Harriers	
175	0:58:50	BANKS, Neil	(1) Wallsend Harriers	
179	0:36:13	MCENANEY, Josh	(2) Birtley AC	153
184	0:37:29	SMALL, Michael	(2) Birtley AC	
196	0:38:51	KELLY, David	(2) Birtley AC	
202	0:39:13	FARNIE, Peter	(2) Birtley AC	
218	0:40:15	KEENAN, Michael	(2) Birtley AC	
236	0:41:33	OAKES, Karl	(2) Birtley AC	
286	0:49:42	MILLMORE, Tom	(2) Birtley AC	
291	0:55:59	MURRAY, Barry	(2) Birtley AC	
198	0:39:05	DENT, Alan	(2) Blaydon Harriers	320
213	0:39:54	CHAFFER, Peter	(2) Blaydon Harriers	
222	0:40:25	HILTON, Stephen	(2) Blaydon Harriers	
234	0:41:28	ASTON, Luke	(2) Blaydon Harriers	
246	0:42:13	STOREY, Alan	(2) Blaydon Harriers	
269	0:45:22	DALBY, Edward	(2) Blaydon Harriers	
271	0:46:03	PARKER, Reg	(2) Blaydon Harriers	
219	0:40:18	WILSON-CRAW, Alasdair	(2) Claremont RR	
232	0:41:21	TINSLEY, Tom	(2) Claremont RR	
255	0:43:46	LESLIE, Graham	(2) Claremont RR	
280	0:47:28	MILBOURNE, Bill	(2) Claremont RR	
283	0:48:24	KEAR, David	(2) Claremont RR	
189	0:38:08	MCGRATH, Ian	(2) Crook AC	192
194	0:38:26	DUFFY, Patrick	(2) Crook AC	
208	0:39:34	SIMPSON, Mike	(2) Crook AC	
216	0:40:00	BECKETT, Samuel	(2) Crook AC	
221	0:40:24	HOOPER, Mike	(2) Crook AC	
226	0:40:45	ALLISON, Jason	(2) Crook AC	
244	0:42:08	GRIFFITHS, Sam	(2) Crook AC	
249	0:42:53	SMITH, Paul	(2) Crook AC	
261	0:44:25	CLARKE, Wayne	(2) Crook AC	
273	0:46:19	PATRICK, Colin	(2) Crook AC	
275	0:46:52	BAINBRIDGE, Ian	(2) Crook AC	
178	0:34:17	AYTON, Liam	(2) Durham City Harriers	128
190	0:38:08	WILKINSON, Jonathan	(2) Durham City Harriers	
201	0:39:10	KING, Dave	(2) Durham City Harriers	
204	0:39:22	JENKIN, Dan	(2) Durham City Harriers	
207	0:39:31	TAIT, Ted	(2) Durham City Harriers	
210	0:39:42	NASH, John	(2) Durham City Harriers	
212	0:39:47	ROBINSON, Geoff	(2) Durham City Harriers	
231	0:41:20	KNIGHT, Kevin	(2) Durham City Harriers	

254	0:43:40	WATSON, Geoff	(2) Durham City Harriers	
257	0:43:59	HEWITSON, Robert	(2) Durham City Harriers	
287	0:49:46	BROWN, Brian	(2) Durham City Harriers	
186	0:37:44	GARLAND, James	(2) Elvet Striders	266
195	0:38:29	LLOYD, Jerry	(2) Elvet Striders	
220	0:40:22	CLAYDON, Matt	(2) Elvet Striders	
229	0:41:13	DAVIS, Geoff	(2) Elvet Striders	
245	0:42:11	JONES, Mark	(2) Elvet Striders	
253	0:43:30	WESSON, Keith	(2) Elvet Striders	
256	0:43:55	ROBERTS, Shaun	(2) Elvet Striders	
264	0:44:50	YOUNG, Callum	(2) Elvet Striders	
265	0:44:50	THOMAS, Ian	(2) Elvet Striders	
268	0:45:17	HOCKIN, Richard	(2) Elvet Striders	
274	0:46:39	BELL, Peter	(2) Elvet Striders	
277	0:47:03	HEPPLE, Nigel	(2) Elvet Striders	
279	0:47:18	ROBSON, Alistair	(2) Elvet Striders	
285	0:49:22	BROOKS, Peter	(2) Elvet Striders	
288	0:50:31	ROBSON, Dave	(2) Elvet Striders	
289	0:51:47	OWEN, Phil	(2) Elvet Striders	
205	0:39:22	THOMAS, Kevin	(2) Gosforth Harriers & AC	
248	0:42:38	DANIALS, Simon	(2) Gosforth Harriers & AC	
266	0:44:50	WADDELL, John	(2) Gosforth Harriers & AC	
272	0:46:09	MCQUADE, Richard	(2) Gosforth Harriers & AC	
276	0:46:54	BOND, Steven	(2) Gosforth Harriers & AC	
214	0:39:56	GINIYATON, Roman	(2) Jesmond Joggers	380
224	0:40:33	MOODY, Oliver	(2) Jesmond Joggers	
227	0:40:55	COE, David	(2) Jesmond Joggers	
252	0:43:19	MCDONALD, Ian	(2) Jesmond Joggers	
258	0:43:59	TURNER, Mark	(2) Jesmond Joggers	
267	0:44:59	LYNCH, Conor	(2) Jesmond Joggers	
270	0:45:32	DUNNING, Alan	(2) Jesmond Joggers	
181	0:36:31	ARCHER, Jon	(2) Low Fell RC	106
183	0:37:27	SKILLING, James	(2) Low Fell RC	
188	0:37:52	SILLITO, Roger	(2) Low Fell RC	
199	0:39:05	COULSON, Phil	(2) Low Fell RC	
206	0:39:24	FRANCE, David	(2) Low Fell RC	
211	0:39:46	DRUMMOND, Colin	(2) Low Fell RC	
215	0:39:56	WARREN, David	(2) Low Fell RC	
225	0:40:36	SARTAIN, Ben	(2) Low Fell RC	
230	0:41:19	SUMMERBELL, Peter	(2) Low Fell RC	
233	0:41:27	MACHIN, Alex	(2) Low Fell RC	
235	0:41:31	CAVANAGH, Les	(2) Low Fell RC	
247	0:42:31	DUNLOP, Sean	(2) Low Fell RC	
251	0:43:03	KELLY, David	(2) Low Fell RC	
262	0:44:44	MILLER, Chris	(2) Low Fell RC	
281	0:47:28	RUSSELL, George	(2) Low Fell RC	
284	0:48:57	LAMB, Craig	(2) Low Fell RC	
180	0:36:30	THOMPSON, Jim	(2) Saltwell Harriers	112
185	0:37:43	JENNINGS, Christopher	(2) Saltwell Harriers	
187	0:37:49	KENNEDY, Chris	(2) Saltwell Harriers	
191	0:38:08	WOOD, Keith	(2) Saltwell Harriers	
192	0:38:08	HUGHES, Kyle	(2) Saltwell Harriers	
239	0:41:44	MULLARKEY, Peter	(2) Saltwell Harriers	
240	0:41:45	FORSTER, Tim	(2) Saltwell Harriers	
241	0:41:52	SMITH, Fred	(2) Saltwell Harriers	
242	0:41:54	REDFERN, Chris	(2) Saltwell Harriers	
243	0:42:04	ARMSTRONG, Iain	(2) Saltwell Harriers	
250	0:42:54	REED, Joe	(2) Saltwell Harriers	
260	0:44:18	JAMES, Phil	(2) Saltwell Harriers	
263	0:44:49	TOWNSEND, Richard	(2) Saltwell Harriers	
278	0:47:12	REA, Paul	(2) Saltwell Harriers	
182	0:36:47	PRATT, Adam	(2) Tynedale Harriers	122
193	0:38:08	MARSDEN, Ian	(2) Tynedale Harriers	
197	0:39:02	BINGHAM, Hugh	(2) Tynedale Harriers	
200	0:39:05	HILL, Steve	(2) Tynedale Harriers	
203	0:39:18	BROADHURST, Mike	(2) Tynedale Harriers	

209	0:39:36	STEPHENSON, Lea	(2) Tynedale Harriers	
217	0:40:08	JAMESON, Philip	(2) Tynedale Harriers	
223	0:40:26	COXON, Syd	(2) Tynedale Harriers	
228	0:40:59	HUTCHINSON, Paul	(2) Tynedale Harriers	
237	0:41:34	GRIFFITHS, Tim	(2) Tynedale Harriers	
238	0:41:38	BYRON, Marcus	(2) Tynedale Harriers	
259	0:44:06	GRAHAM, Peter	(2) Tynedale Harriers	
282	0:47:28	CURRIE, Alan	(2) Tynedale Harriers	
290	0:51:47	LOMBARD, Keith	(2) Tynedale Harriers	
321	0:42:25	THOMPSON, Andrew	(3) Aurora	248
324	0:43:35	USHER, Brian	(3) Aurora	
327	0:44:51	HAYDEN, Ian	(3) Aurora	
331	0:45:13	RAINE, William	(3) Aurora	
338	0:49:10	WEAVERS, Keith	(3) Aurora	
347	0:55:05	GREAVES, Laurence	(3) Aurora	
298	0:38:17	CAMPBELL, Richard	(3) Aycliffe RC	
296	0:38:00	BURNS, Graham	(3) Blackhill Bounders	193
300	0:38:44	MCDONALD, Stephen	(3) Blackhill Bounders	
323	0:43:09	YOUNG, Ian	(3) Blackhill Bounders	
334	0:46:50	GRAY, David	(3) Blackhill Bounders	
336	0:48:44	GILL, Mike	(3) Blackhill Bounders	
344	0:53:15	NESBIT, Andrew	(3) Blackhill Bounders	
302	0:39:16	BARKLEY, Rob	(3) Blyth RC	132
304	0:39:35	STEWART, Graeme	(3) Blyth RC	
308	0:40:06	ROBINSON, Adam	(3) Blyth RC	
310	0:40:47	SMITH, Dale	(3) Blyth RC	
322	0:42:35	BRADLEY, Dave	(3) Blyth RC	
326	0:43:57	LEMING, Simon	(3) Blyth RC	
329	0:44:59	BAXTER, Ian	(3) Blyth RC	
333	0:46:15	FREEMAN, Kevin	(3) Blyth RC	
305	0:39:39	BELL, Stewy	(3) Chester-le-Street	
314	0:41:08	REAY, David	(3) Derwentside AC	
317	0:41:52	DONNEKY JR, John	(3) Derwentside AC	
330	0:45:04	BUCKLEY, Brian	(3) Derwentside AC	
340	0:50:10	SMITH, Neil	(3) Derwentside AC	
297	0:38:08	GREY, Thomas	(3) Houghton AC	123
306	0:39:39	FOSTER, Alan	(3) Houghton AC	
307	0:39:54	MCGARTH, Shaun	(3) Houghton AC	
312	0:41:00	DICKINSON, David	(3) Houghton AC	
316	0:41:29	DAGLISH, Kevin	(3) Houghton AC	
325	0:43:49	LEONARD, Simon	(3) Houghton AC	
328	0:44:58	READMAN, Alan	(3) Houghton AC	
332	0:45:50	PEARSON, Stephen	(3) Houghton AC	
292	0:36:55	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	
294	0:37:39	DEACON, Craig	(3) Jarrow & Hebburn AC	
315	0:41:11	SALKELD, Ian	(3) Jarrow & Hebburn AC	
318	0:41:57	FOGGO, Peter	(3) Jarrow & Hebburn AC	
341	0:50:29	PASCOE, Barry	(3) Jarrow & Hebburn AC	
311	0:40:53	LISTER, Kevin	(3) North East Vets	
337	0:48:50	STEANSON, Geoff	(3) North East Vets	
339	0:49:27	BURDEN, Nick	(3) North East Vets	
345	0:53:34	WHITTAKER, Eric	(3) North East Vets	
319	0:41:58	FOWLER, Andrew	(3) PB Fitness	
289	0:33:50	NEESON, Jack	(3) Tynebridge Harriers	17
290	0:34:55	MORLEY, John	(3) Tynebridge Harriers	
291	0:36:52	KELLY, Sean	(3) Tynebridge Harriers	
293	0:37:32	HARRISON, Andy	(3) Tynebridge Harriers	
295	0:37:46	MACPHERSON, Ken	(3) Tynebridge Harriers	
299	0:38:42	SMITH, Keith	(3) Tynebridge Harriers	
301	0:38:48	MOIR, David	(3) Tynebridge Harriers	
303	0:39:27	APPLEBY, David	(3) Tynebridge Harriers	
309	0:40:43	REYNOLDS, Mark	(3) Tynebridge Harriers	
313	0:41:06	GRAHAM, Chris	(3) Tynebridge Harriers	
320	0:42:20	YOUNG, David	(3) Tynebridge Harriers	
335	0:47:49	ALLISON, Mark	(3) Tynebridge Harriers	
342	0:51:22	GRASSIE, Mark	(3) Tynebridge Harriers	
343	0:51:27	SCOTT, Brian	(3) Tynebridge Harriers	
346	0:53:57	DUFF, Michael	(3) Tynebridge Harriers	
348	0:38:08	JACKSON, Bendon	Allen Valley Striders	
349	0:35:43	EDGE, Phil	Desford Striders (Leics)	
350	0:39:43	HODGSON, Craig	Heaton Harriers	
351	0:35:21	DUNN, Christopher	Sunderland Strollers (N/C)	

SENIOR MEN - CRAMLINGTON

Place	Time	Name	Team	Cat	No						
1	0:33:25	AISTON, Phillip	(1) Wallsend Harriers	Slow	1398	98	0:39:16	BARKLEY, Rob	(3) Blyth RC	Medium	419
2	0:33:50	NEESON, Jack	(3) Tynebridge Harriers	Slow	1311	99	0:39:18	BROADHURST, Mike	(2) Tynedale Harriers	Slow (Vet)	241
3	0:34:17	AYTON, Liam	(2) Durham City Harriers	Slow	1353	100	0:39:20	MCAHON, Steve	(1) Sunderland Strollers	Slow	800
4	0:34:55	MORLEY, John	(3) Tynebridge Harriers	Slow	952	101	0:39:22	THOMAS, Kevin	(2) Gosforth Harriers & AC	Slow (Vet)	376
5	0:35:01	HEGARTY, Mike	(1) Morpeth Harriers & AC	Slow	24	102	0:39:22	JENKIN, Dan	(2) Durham City Harriers	Fast	1219
6	0:35:21	DUNN, Christopher	Sunderland Strollers (N/C)	Slow	1405	103	0:39:24	FROOM, Nick	(1) Heaton Harriers	Slow	141
7	0:35:32	MERRISON, Paul	(1) Sunderland Harriers	Slow (Vet)	1135	104	0:39:24	FRANCE, David	(2) Low Fell RC	Slow	1248
8	0:35:43	EDGE, Phil	Desford Striders (Leics)	Slow	1420	105	0:39:26	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054
9	0:35:53	GREENWOOD, Simeon	(1) Gateshead Harriers	Slow	707	106	0:39:26	CROSSLEY, Will	(1) Wallsend Harriers	Slow	837
10	0:36:02	BATY, John	(1) North Shields Poly	Slow (Vet)	1032	107	0:39:27	APPLEBY, David	(3) Tynebridge Harriers	Medium (Vet)	944
11	0:36:09	MCARDLE, Niall	(1) Sunderland Strollers	Slow	798	108	0:39:28	HARDY, Iain	(1) Elswick Harriers	Medium (Vet)	648
12	0:36:13	MCANANEY, Josh	(2) Birtley AC	Slow	181	109	0:39:31	TAIT, Ted	(2) Durham City Harriers	Slow (Vet)	1238
13	0:36:21	CAMPBELL, Geoff	(1) Alnwick Harriers	Slow (Vet)	56	110	0:39:32	EMMETT, Kevin	AC	Slow (Vet)	93
14	0:36:28	ROBINSON, Ian	(1) Heaton Harriers	Medium	164	111	0:39:33	DALEY (V), Sam	(1) Heaton Harriers	Slow (Vet)	139
15	0:36:30	THOMPSON, Jim	(2) Saltwell Harriers	Slow (Vet)	1294	112	0:39:34	SIMPSON, Mike	(2) Crook AC	Medium (Vet)	602
16	0:36:31	ARCHER, Jon	(2) Low Fell RC	Medium	481	113	0:39:35	STEWART, Graeme	(3) Blyth RC	Slow	438
17	0:36:33	LIKEMAN, Mark	(1) Heaton Harriers	Medium	152	114	0:39:36	STEPHENSON, Lea	(2) Tynedale Harriers	Slow	278
18	0:36:34	HADDON, Alan	(1) North Shields Poly	Slow	1044	115	0:39:39	FOSTER, Alan	(3) Houghton AC	Slow	1092
19	0:36:39	HENY (V), Vaughan	(1) North Shields Poly	Slow (Vet)	1048	116	0:39:39	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671
20	0:36:41	MACLEOD, Jamie	(1) Heaton Harriers	Slow	157	117	0:39:39	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45
21	0:36:47	PRATT, Adam	(2) Tynedale Harriers	Slow	276	118	0:39:39	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399
22	0:36:52	KELLY, Sean	(3) Tynebridge Harriers	Slow (Vet)	927	119	0:39:40	DAVISON, Jack	(1) Sunderland Strollers	Slow	1410
23	0:36:55	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	120	0:39:40	ATKINSON, Nick	AC	Medium	84
24	0:36:58	BUTTERS, John	(1) Morpeth Harriers & AC	Slow	623	121	0:39:40	MINGSTONES, Mick	(1) Heaton Harriers	Slow (Vet)	161
25	0:37:00	ROBINS, Dan	(1) Heaton Harriers	Slow	163	122	0:39:40	AYRES, Kevin	AC	Slow (Vet)	85
26	0:37:13	URWIN, Greg	(1) Gateshead Harriers	Slow	1247	123	0:39:42	NASH, John	(2) Durham City Harriers	Slow (Vet)	1230
27	0:37:14	BOYD, Jonny	(1) Gateshead Harriers	Slow	686	124	0:39:43	HODGSON, Craig	Heaton Harriers	Slow	1395
28	0:37:17	PENN, Greg	(1) North Shields Poly	Slow (Vet)	1070	125	0:39:44	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826
29	0:37:19	DAWSON, Michael	(1) Morpeth Harriers & AC	Slow (Vet)	13	126	0:39:46	DRUMMOND, Colin	(2) Low Fell RC	Slow (Vet)	496
30	0:37:21	SIMON, Ian	(1) Alnwick Harriers	Slow	72	127	0:39:47	ROBINSON, Geoff	(2) Durham City Harriers	Slow	1349
31	0:37:22	JONSON, Simon	(1) South Shields Harriers & AC	Slow	99	128	0:39:50	DUTTON, Michael	(1) North Shields Poly	Slow	1075
32	0:37:24	OLD, David	(1) Gateshead Harriers	Slow	732	129	0:39:54	BALMAIN, Daniel	(1) Elswick Harriers	Slow	626
33	0:37:26	HETHERINGTON, Brian	(1) Wallsend Harriers	Slow (Vet)	846	130	0:39:54	O'NEILL, Kevin	(1) Sunderland Strollers	Slow (Vet)	801
34	0:37:27	SKILLING, James	(2) Low Fell RC	Slow (Vet)	553	131	0:39:54	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143
35	0:37:29	SMALL, Michael	(2) Birtley AC	Slow	187	132	0:39:54	CHAFFER, Peter	(2) Blaydon Harriers	Slow (Vet)	1154
36	0:37:30	MIDDLEMIST, Jordan	(1) Wallsend Harriers	Slow	859	133	0:39:54	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095
37	0:37:31	MAYNARD, Ken	(1) Sunderland Strollers	Slow (Vet)	797	134	0:39:56	GINIYATON, Roman	(2) Jesmond Joggers	Slow	403
38	0:37:32	HARRISON, Andy	(3) Tynebridge Harriers	Slow (Vet)	954	135	0:39:56	WARREN, David	(2) Low Fell RC	Medium	562
39	0:37:35	MUIR, Chris	(1) South Shields Harriers & AC	Medium	107	136	0:40:00	ALLSOP, Tim	(1) Sunderland Strollers	Medium (Vet)	767
40	0:37:39	DEACON, Craig	(3) Jarrow & Hebburn AC	Slow	890	137	0:40:00	BECKETT, Samuel	(2) Crook AC	Medium	572
41	0:37:43	JENNINGS, Christopher	(2) Saltwell Harriers	Slow	1417	138	0:40:01	RICHARDSON, Danny	(1) Alnwick Harriers	Slow	71
42	0:37:44	GARLAND, James	(2) Elvet Striders	Slow	294	139	0:40:01	DICKER, Gary	(1) Heaton Harriers	Slow (Vet)	1378
43	0:37:46	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	140	0:40:02	HINDMARSH, David	(1) Alnwick Harriers	Slow (Vet)	62
44	0:37:46	MACPHERSON, Ken	(3) Tynebridge Harriers	Medium (Vet)	938	141	0:40:04	WRIGHT, Davey	(1) Heaton Harriers	Slow (Vet)	1390
45	0:37:48	WAUGH, Chris	(1) Morpeth Harriers & AC	Slow (Vet)	618	142	0:40:06	ROBSON, Gary	(1) North Shields Poly	Slow (Vet)	1059
46	0:37:49	KENNEDY, Chris	(2) Saltwell Harriers	Slow	1274	143	0:40:06	ROBINSON, Adam	(3) Blyth RC	Slow (Vet)	434
47	0:37:52	SILLITO, Roger	(2) Low Fell RC	Slow	1412	144	0:40:08	JAMESON, Philip	(2) Tynedale Harriers	Medium	266
48	0:37:54	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	145	0:40:10	KHAN, Adnan	(1) Sunderland Strollers	Slow	791
49	0:37:59	WOODS, John	(1) Morpeth Harriers & AC	Slow	49	146	0:40:12	WINTER, Mike	(1) Morpeth Harriers & AC	Slow (Vet)	48
50	0:38:00	WHITFIELD, John	(1) Morpeth Harriers & AC	Slow (Vet)	46	147	0:40:15	KEENAN, Michael	(2) Birtley AC	Slow	177
51	0:38:08	GREY, Thomas	(3) Houghton AC	Slow	1093	148	0:40:18	WILSON-CRAW, Alasdair	(2) Claremont RR	Slow (Vet)	233
52	0:38:08	MARSDEN, Ian	(2) Tynedale Harriers	Slow	269	149	0:40:22	CLAYDON, Matt	(2) Elvet Striders	Slow	333
53	0:38:08	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	150	0:40:24	HOOPER, Mike	(2) Crook AC	Slow (Vet)	590
54	0:38:08	CAMILLERI, Nigel	(1) Gateshead Harriers	Slow	692	151	0:40:25	HILTON, Stephen	(2) Blaydon Harriers	Slow (Vet)	1164
55	0:38:08	MCGRATH, Ian	(2) Crook AC	Medium (Vet)	596	152	0:40:26	COXON, Syd	(2) Tynedale Harriers	Medium (Vet)	252
56	0:38:08	MCDONALD, Chris	(1) South Shields Harriers & AC	Slow (Vet)	104	153	0:40:27	MEDD, Steven	(1) Gateshead Harriers	Medium	726
57	0:38:08	VOLPE, Steve	(1) Wallsend Harriers	Slow (Vet)	884	154	0:40:31	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062
58	0:38:08	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	155	0:40:33	MOODY, Oliver	(2) Jesmond Joggers	Slow	1345
59	0:38:08	WILKINSON, Jonathan	(2) Durham City Harriers	Slow	1352	156	0:40:33	HOWE, Paul	(1) Heaton Harriers	Slow	147
60	0:38:08	HUGHES, Kyle	(2) Saltwell Harriers	Slow	1270	157	0:40:34	LONGMAN, Lucas	(1) Heaton Harriers	Fast	153
61	0:38:08	JACKSON, Bendon	Allen Valley Striders	Slow	1397	158	0:40:36	SARTAIN, Ben	(2) Low Fell RC	Slow	549
62	0:38:08	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	159	0:40:40	HARTLEY, Andrew	(1) Elswick Harriers	Slow (Vet)	649
63	0:38:09	MACKAY, Keith	(1) South Shields Harriers & AC	Slow (Vet)	101	160	0:40:43	REYNOLDS, Mark	(3) Tynebridge Harriers	Slow (Vet)	953
64	0:38:11	ADAMS, Luke	(1) South Shields Harriers & AC	Fast	81	161	0:40:45	ALLISON, Jason	(2) Crook AC	Fast (Vet)	568
65	0:38:15	BRADLEY, Stephen	(1) Morpeth Harriers & AC	Slow	1394	162	0:40:47	DINSMORE, Paddy	(1) Wallsend Harriers	Slow (Vet)	839
66	0:38:17	CAMPBELL, Richard	(3) Aycliffe RC	Slow	1356	163	0:40:47	SMITH, Dale	(3) Blyth RC	Slow	437
67	0:38:18	HARDEN, George	(1) Sunderland Harriers	Slow (Vet)	1124	164	0:40:53	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388
68	0:38:19	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	165	0:40:55	COE, David	(2) Jesmond Joggers	Slow	399
69	0:38:20	REDMAN (V), Paul	(1) Sunderland Harriers	Medium (Vet)	1139	166	0:40:56	CARPENTER, Mark	(1) Elswick Harriers	Slow (Vet)	635
70	0:38:22	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97	167	0:40:59	HUTCHINSON, Paul	(2) Tynedale Harriers	Medium	264
71	0:38:26	DUFFY, Patrick	(2) Crook AC	Medium	582	168	0:41:00	DICKINSON, David	(3) Houghton AC	Slow	1089
72	0:38:27	SLATER, Martin	(1) Gateshead Harriers	Slow	751	169	0:41:06	GRAHAM, Chris	(3) Tynebridge Harriers	Slow	1313
73	0:38:29	LLOYD, Jerry	(2) Elvet Striders	Slow (Vet)	331	170	0:41:08	REAY, David	(3) Derwentside AC	Slow (Vet)	476
74	0:38:31	SALTER, Matt	(1) Heaton Harriers	Slow	166	171	0:41:11	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900
75	0:38:32	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	172	0:41:12	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21
76	0:38:36	HITCHCOCK, Noel	(1) Sunderland Harriers	Medium	1126	173	0:41:13	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292
77	0:38:42	SMITH, Keith	(3) Tynebridge Harriers	Medium (Vet)	1347	174	0:41:16	DUNLOP, Paul	(1) Sunderland Strollers	Slow (Vet)	781
78	0:38:44	MCDONALD, Stephen	(3) Blackhill Bounders	Slow	1403	175	0:41:17	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682
79	0:38:45	CLARK, Jason	(1) Elswick Harriers	Slow	641	176	0:41:19	SUMMERBELL, Peter	(2) Low Fell RC	Slow	558
80	0:38:48	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	177	0:41:20	KNIGHT, Kevin	(2) Durham City Harriers	Medium (Vet)	1222
81	0:38:51	KELLY, David	(2) Birtley AC	Slow (Vet)	178	178	0:41:21	TINSLEY, Tom	(2) Claremont RR	Slow (Vet)	231
82	0:39:02	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	179	0:41:22	SYERS, Graham	(1) Alnwick Harriers	Medium	77
83	0:39:02	BINGHAM, Hugh	(2) Tynedale Harriers	Slow (Vet)	239	180	0:41:25	LEWIS, Scott	AC	Slow	100
84	0:39:02	GIBSON, John	(1) Heaton Harriers	Slow	142	181	0:41:27	MACHIN, Alex	(2) Low Fell RC	Slow (Vet)	533
85	0:39:02	JAMES, Paul	(1) Wallsend Harriers	Slow	848	182	0:41:28	ASTON, Luke	(2) Blaydon Harriers	Medium	1151
86	0:39:05	HILL, Steve	(2) Tynedale Harriers	Slow (Vet)	263	183	0:41:29	DAGLISH, Kevin	(3) Houghton AC	Slow (Vet)	1088
87	0:39:05	COULSON, Phil	(2) Low Fell RC	Fast	1300	184	0:41:30	LAWS, Andrew	(1) Heaton Harriers	Slow (Vet)	151
88	0:39:05	DENT, Alan	(2) Blaydon Harriers	Slow (Vet)	1157	185	0:41:31	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491
89	0:39:06	BELL, Andrew	(1) Heaton Harriers	Slow	134	186	0:41:33	OAKES, Karl	(2) Birtley AC	Medium (Vet)	185
90	0:39:07	TAYLOR, Ed	(1) Heaton Harriers	Slow	1388	187	0:41:34	GRIFFITHS, Tim	(2) Tynedale Harriers	Slow (Vet)	260
91	0:39:09	ARCHER, Jake	(1) Sunderland Harriers	Medium	1106	188	0:41:37	MCGOWAN, Phillip	(1) Gateshead Harriers	Slow	725
92	0:39:10	HARRIS, Shaun	(1) Heaton Harriers	Slow	144	189	0:41:38	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vet)	246
93	0:39:10	KING, Dave	(2) Durham City Harriers	Slow (Vet)	1221	190	0:41:40	FIELD, Tim	(1) Sunderland Harriers	Slow (Vet)	1121
94	0:39:13	FARNIE, Peter	(2) Birtley AC	Medium	174	191	0:41:41	CARTER, Stuart	(1) Alnwick Harriers	Slow	57
95	0:39:13	WHITEHEAD, Chris	(1) North Shields Poly	Slow (Vet)	1067	192	0:41:44	MULLARKEY, Peter	(2) Saltwell Harriers	Slow (Vet)	1278

Place	Time	Name	Team	Cat	No						
96	0:39:13	CHAMPMAN, James	(1) South Shields Harriers & AC	Slow	1401	193	0:41:45	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vet)	1263
97	0:39:15	LOWE, David	(1) Alnwick Harriers	Slow (Vet)	68	194	0:41:50	OUTRAM, Phil	(1) Sunderland Strollers	Slow (Vet)	802
195	0:41:52	SMITH, Fred	(2) Saltwell Harriers	Medium (Vet)	1290	283	0:45:32	DUNNING, Alan	(2) Jesmond Joggers	Slow (Vet)	401
196	0:41:52	DONNEKY JR, John	(3) Derwentside AC	Fast	467	284	0:45:34	TEALE, Mark	(1) North Shields Poly	Slow (Vet)	1064
197	0:41:54	ARMSTRONG, Michael	(1) Sunderland Strollers	Slow (Vet)	770	285	0:45:34	LITTLE, Chris	(1) North Shields Poly	Slow (Vet)	1382
198	0:41:54	MCENTEE, Scott	(1) Heaton Harriers	Medium	154	286	0:45:35	GILMORE, David	(1) North Shields Poly	Slow (Vet)	1074
199	0:41:54	REDFERN, Chris	(2) Saltwell Harriers	Slow (Vet)	1284	287	0:45:48	HAWTHORN, Pete	(1) Heaton Harriers	Slow (Vet)	1416
200	0:41:57	FOGGO, Peter	(3) Jarrow & Hebburn AC	Slow	892	288	0:45:50	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099
201	0:41:57	KIRBY, Richard	(1) Morpeth Harriers & AC	Slow (Vet)	27	289	0:46:00	KISZOW, Stephen	(1) Sunderland Strollers	Slow	793
202	0:41:58	FOWLER, Andrew	(3) PB Fitness	Slow	911	290	0:46:03	PARKER, Reg	(2) Blaydon Harriers	Slow (Vet)	1174
203	0:42:00	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86	291	0:46:09	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366
204	0:42:04	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251	292	0:46:15	FREEMAN, Kevin	(3) Blyth RC	Slow (Vet)	428
205	0:42:04	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vet)	1114	293	0:46:19	PATRICK, Colin	(2) Crook AC	Slow (Vet)	600
206	0:42:04	HANSON, Patrick	(1) Sunderland Strollers	Slow (Vet)	784	294	0:46:20	JOYCE, Peter	(1) Wallsend Harriers	Slow (Vet)	849
207	0:42:07	SKELDON, Mick	(1) Wallsend Harriers	Slow (Vet)	875	295	0:46:31	ATWELL, Chris	(1) Alnwick Harriers	Slow (Vet)	52
208	0:42:08	GRIFFITHS, Sam	(2) Crook AC	Slow	586	296	0:46:36	WEST, Paul	(1) Sunderland Strollers	Slow (Vet)	819
209	0:42:10	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158	297	0:46:39	BELL, Peter	(2) Elvet Striders	Slow	334
210	0:42:11	JONES, Mark	(2) Elvet Striders	Slow	330	298	0:46:48	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640
211	0:42:13	STORRY, Alan	(2) Blaydon Harriers	Slow (Vet)	1180	299	0:46:50	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450
212	0:42:20	YOUNG, David	(3) Tynebridge Harriers	Slow (Vet)	932	300	0:46:52	BAINBRIDGE, Ian	(2) Crook AC	Slow (Vet)	571
213	0:42:25	THOMPSON, Andrew	(3) Aurora	Slow (Vet)	1328	301	0:46:54	BOND, Steven	(2) Gosforth Harriers & AC	Slow	347
214	0:42:30	FROST, Martin	(1) North Shields Poly	Slow (Vet)	1042	302	0:47:03	HEPPLER, Nigel	(2) Elvet Striders	Slow (Vet)	299
215	0:42:31	DUNLOP, Sean	(2) Low Fell RC	Medium (Vet)	498	303	0:47:08	CLARK, Andrew	(1) North Shields Poly	Slow (Vet)	1383
216	0:42:32	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95	304	0:47:12	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282
217	0:42:35	BRADLEY, Dave	(3) Blyth RC	Slow (Vet)	422	305	0:47:16	WILSON, Douglas	(1) Gateshead Harriers	Slow	766
218	0:42:38	DANIALS, Simon	(2) Gosforth Harriers & AC	Slow (Vet)	1335	306	0:47:17	PLUMMER, Steven	(1) Wallsend Harriers	Slow	868
219	0:42:39	RICHARDSON, Peter	(1) Sunderland Harriers	Slow (Vet)	1419	307	0:47:18	ROBSON, Alistair	(2) Elvet Striders	Slow	313
220	0:42:41	SAVAGE, David	(1) Sunderland Harriers	Slow (Vet)	1143	308	0:47:26	TURNER, Richard	(1) Sunderland Strollers	Slow	1411
221	0:42:43	TORBETT, James	(1) Wallsend Harriers	Slow	883	309	0:47:28	RUSSELL, George	(2) Low Fell RC	Slow (Vet)	547
222	0:42:52	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	310	0:47:28	MILBOURNE, Bill	(2) Clarendon RR	Slow (Vet)	218
223	0:42:53	SMITH, Paul	(2) Crook AC	Slow (Vet)	603	311	0:47:28	CURRIE, Alan	(2) Tynedale Harriers	Slow (Vet)	253
224	0:42:54	REED, Joe	(2) Saltwell Harriers	Slow	1418	312	0:47:30	RICHARDSON, Rod	(1) Elswick Harriers	Slow (Vet)	642
225	0:43:02	WILSON, Ed	(1) South Shields Harriers & AC	Slow (Vet)	121	313	0:47:33	KIRK, Bill	(1) Sunderland Strollers	Slow (Vet)	792
226	0:43:03	KELLY, David	(2) Low Fell RC	Slow (Vet)	522	314	0:47:35	GAMMACK, Neil Scott	(1) Heaton Harriers	Slow (Vet)	1404
227	0:43:09	YOUNG, Ian	(3) Blackhill Bounders	Slow	1415	315	0:47:49	ALLISON, Mark	(3) Tynebridge Harriers	Slow	1310
228	0:43:13	DEVILIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699	316	0:47:57	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381
229	0:43:19	MCDONALD, Ian	(2) Jesmond Joggers	Slow (Vet)	409	317	0:48:00	FLYNN, James	(1) Wallsend Harriers	Slow (Vet)	842
230	0:43:24	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136	318	0:48:24	KEAR, David	(2) Clarendon RR	Slow (Vet)	210
231	0:43:25	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829	319	0:48:26	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414
232	0:43:26	WEIR, Richard	(1) Wallsend Harriers	Slow (Vet)	887	320	0:48:30	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vet)	870
233	0:43:27	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128	321	0:48:36	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061
234	0:43:30	WESSON, Keith	(2) Elvet Striders	Slow (Vet)	325	322	0:48:44	GILL, Mike	(3) Blackhill Bounders	Slow (Vet)	449
235	0:43:35	USHER, Brian	(3) Aurora	Slow (Vet)	1331	323	0:48:45	MCCAIG, John	(1) Sunderland Strollers	Slow (Vet)	799
236	0:43:40	WATSON, Geoff	(2) Durham City Harriers	Slow	1244	324	0:48:50	STEANSON, Geoff	(3) North East Vets	Slow (Vet)	393
237	0:43:42	KISLER, Jonathan	(1) Sunderland Strollers	Slow (Vet)	1408	325	0:48:54	ROBSON, Tony	(1) Elswick Harriers	Slow (Vet)	663
238	0:43:45	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vet)	117	326	0:48:57	LAMB, Craig	(2) Low Fell RC	Slow	529
239	0:43:46	LESLEIE, Graham	(2) Clarendon RR	Slow (Vet)	212	327	0:49:10	WEAVERS, Keith	(3) Aurora	Slow (Vet)	1332
240	0:43:49	O'GARA (V), Terry	(1) Wallsend Harriers	Slow (Vet)	865	328	0:49:22	BROOKS, Peter	(2) Elvet Striders	Slow (Vet)	289
241	0:43:49	LEONARD, Simon	(3) Houghton AC	Slow	1094	329	0:49:27	BURDEN, Nick	(3) North East Vets	Slow (Vet)	384
242	0:43:53	BRIGNALL, David	(1) Heaton Harriers	Slow (Vet)	137	330	0:49:30	STOBBS, Robert	(1) Gateshead Harriers	Slow (Vet)	758
243	0:43:55	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312	331	0:49:42	MILLMORE, Tom	(1) Birtley AC	Slow (Vet)	183
244	0:43:56	BHOGAL, Paramjeet	(1) Heaton Harriers	Slow (Vet)	135	332	0:49:46	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195
245	0:43:57	LEMING, Simon	(3) Blyth RC	Slow	432	333	0:50:10	SMITH, Neil	(3) Derwentside AC	Slow (Vet)	478
246	0:43:59	HEWITSON, Robert	(2) Durham City Harriers	Slow (Vet)	1216	334	0:50:25	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854
247	0:43:59	ZOPPI, Guillaume	(1) Heaton Harriers	Slow	1392	335	0:50:29	PASCOE, Barry	(3) Jarrow & Hebburn AC	Slow (Vet)	895
248	0:43:59	TURNER, Mark	(2) Jesmond Joggers	Slow	416	336	0:50:29	ADAMSON, George	(1) North Shields Poly	Slow (Vet)	1029
249	0:44:06	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vet)	258	337	0:50:31	ROBSON, Dave	(2) Elvet Striders	Slow (Vet)	314
250	0:44:09	DUKE, Chris	(1) Sunderland Strollers	Slow (Vet)	1413	338	0:50:46	MORRIS, David	(1) North Shields Poly	Slow (Vet)	1055
251	0:44:13	MYLES, Rick	(1) North Shields Poly	Slow	1384	339	0:51:09	LEWINS, Paul	(1) Sunderland Strollers	Slow	795
252	0:44:18	JAMES, Phil	(2) Saltwell Harriers	Slow (Vet)	1273	340	0:51:22	GRASSIE, Mark	(3) Tynebridge Harriers	Slow (Vet)	964
253	0:44:19	WATSON, Phil	(1) Sunderland Strollers	Slow (Vet)	818	341	0:51:27	SCOTT, Brian	(3) Tynebridge Harriers	Slow (Vet)	958
254	0:44:23	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827	342	0:51:44	FOSTER, Dave	(1) Sunderland Strollers	Slow (Vet)	1407
255	0:44:25	CLARKE, Wayne	(2) Crook AC	Slow	579	343	0:51:47	OWEN, Phil	(2) Elvet Striders	Slow (Vet)	310
256	0:44:26	SLATER, Phil	(1) South Shields Harriers & AC	Slow	113	344	0:51:47	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303
257	0:44:28	MCENTEE, Ken	(1) Heaton Harriers	Slow (Vet)	155	345	0:53:15	NESSBIT, Andrew	(3) Blackhill Bounders	Slow (Vet)	452
258	0:44:33	HODGSON, Alan	(1) Sunderland Harriers	Slow	1127	346	0:53:34	WHITTAKER, Eric	(3) North East Vets	Slow (Vet)	394
259	0:44:37	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169	347	0:53:57	DUFF, Michael	(3) Tynebridge Harriers	Slow (Vet)	942
260	0:44:38	SKIRROW, Graham	(1) Alnwick Harriers	Slow (Vet)	73	348	0:54:22	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379
261	0:44:39	JOBE, Simon	(1) Heaton Harriers	Slow	1380	349	0:55:05	GREAVES, Laurence	(3) Aurora	Slow (Vet)	1316
262	0:44:41	MICHAEL, Doug	(1) Heaton Harriers	Slow (Vet)	159	350	0:55:59	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184
263	0:44:44	MILLER, Chris	(2) Low Fell RC	Slow	539	351	0:58:50	BANKS, Neil	(1) Wallsend Harriers	Slow (Vet)	828
264	0:44:49	TOWNSEND, Richard	(2) Saltwell Harriers	Slow (Vet)	1296	352	1:00:31	MCDONALD, Ken	AC	Slow (Vet)	105
265	0:44:50	YOUNG, Callum	(2) Elvet Striders	Slow	327	353	1:03:04	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63
266	0:44:50	WADDELL, John	(2) Gosforth Harriers & AC	Slow (Vet)	378						
267	0:44:50	THOMAS, Ian	(2) Elvet Striders	Slow	320						
268	0:44:51	HAYDEN, Ian	(3) Aurora	Medium	1319						
269	0:44:58	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101						
270	0:44:59	BAXTER, Ian	(3) Blyth RC	Slow (Vet)	420						
271	0:44:59	PHIPPS, Dominic	(1) Gateshead Harriers	Slow	740						
272	0:44:59	LYNCH, Conor	(2) Jesmond Joggers	Slow	407						
273	0:45:01	KYTE, Steve	(1) Elswick Harriers	Slow (Vet)	653						
274	0:45:04	BUCKLEY, Brian	(3) Derwentside AC	Slow	465						
275	0:45:04	ROBSON, Dean	(1) Sunderland Strollers	Slow	807						
276	0:45:09	LEE, Ged	(1) Wallsend Harriers	Slow (Vet)	853						
277	0:45:13	RAINE, William	(3) Aurora	Slow (Vet)	1322						
278	0:45:17	HOCKIN, Richard	(2) Elvet Striders	Slow (Vet)	301						
279	0:45:22	DALBY, Edward	(2) Blaydon Harriers	Slow (Vet)	1156						
280	0:45:25	BATY (V), Edward	(1) Heaton Harriers	Slow (Vet)	133						
281	0:45:30	HUGHES, Paul	(1) North Shields Poly	Slow (Vet)	1050						
282	0:45:31	WHITLEY, Alan	(1) North Shields Poly	Slow	1386						